

International Workshop on Yoga Therapy from 28th to 30th January 2019:

The department of Human Consciousness & Yogic Sciences and Dharmanidhi Yoga Peetha, Mangalore University jointly organized “International Workshop Therapy”, held from 28th to 30th January 2019 at Mangalore University.

Prof. Ishwara P., Hon’ble Vice Chancellor of Mangalore University, presided the inaugural function of International Workshop on yoga therapy organised by Department of Human Consciousness and Yogic Sciences and Dharmanidhi Yogapeetha of Mangalore University in association with Wonkwang Digital University (WDU), South Korea. Prof. Jong Soon Sue, Provost, Wonkwang Digital University (WDU), South Korea was the chief guest.

On this occasion, Sri M. Jayaprakash, Dr. M. Nandini and Sri M. Jagadish from Mangalore were honoured in recognition of their donation of valuable books on Yoga to the library of Dharmanidhi Yogapeetha in memory of their father Late M. Janardana.

Inaugural function of the workshop was held in Dr. D. Veerendra Heggade Seminar Hall at Lecture Complex of Mangalore University, Mangalagangothri. Professor and Chairman of the department Dr. K. Krishna Sharma briefed about the program. Dr. Thirumaleshwara Prasada H., Faculty, Dharmanidhi Yogapeetha welcomed the gathering, Dr. Udayakumara K., Faculty, Dharmanidhi Yogapeetha compered and delivered vote of thanks.

The workshop was held for three days, from 28th to 30th January 2019. Altogether 124 delegates including 32 delegates from Wonkwang Digital University (WDU) South Korea, and Indian delegates from Central University Kerala, K. M. C. Manipal and other delegates are participated in the workshop. Everyday there were 3 practical sessions of Ashtanga Vinyasa yoga and 2 sessions of workshop on basics of yoga practice and yoga therapy for diseases like hypertension, sinusitis, back pain, obesity, digestive disorders, respiratory disorders, frozen shoulder, cardiovascular disorders, sleep disorders, headache.



Inauguration by Hon'ble Vice Chancellor I/C, Prof. Ishwara P., Mangalore University



Felicitation for the Donors



Valedictory by Sri Dinesh Alva, President MAA.