



ವಿಶ್ವವಿದ್ಯಾನಿಲಯ UNIVERSITY

ಕ್ರಮಾಂಕ/No. :ಮಂ.ವಿ/ಎಸಿಸಿ/ಸಿಆರ್ 19/2018–19/ಎ8

ಕುಲಸಚಿವರ ಕಛೇರಿ

ಮಂಗಳಗಂಗೋತ್ರಿ – 574 199 Office of the Registrar Mangalagangothri –574199

ದಿನಾಂಕ/Date: 01.12.2020

#### ಸುತ್ತೇಲೆ

ವಿಷಯ : ಆಯ್ಕೆ ಆಧಾರಿತ ಶ್ರೇಯಾಂಕ ಪದ್ಧತಿಯ ಸಮಾಜಕಾರ್ಯ ಪದವಿ ಕಾರ್ಯಕ್ರಮ (ಬಿ.ಎಸ್.ಡಬ್ಲ್ಯೂ) ದಲ್ಲಿನ ತಿದ್ದುಪಡಿ ಬಗ್ಗೆ. ಉಲ್ಲೇಖ: 1. ಈ ಕಚೇರಿ ಅಧಿಸೂಚನೆ ಸಮಸಂಖ್ಯೆ ದಿನಾಂಕ : 05.04.2019 2. ಪದವಿ ಮಟ್ಟದ ಸಮಾಜಕಾರ್ಯ ಅಧ್ಯಯನ ಮಂಡಳಿ ಅಧ್ಯಕ್ಷರ ಪತ್ರ ಸಂಖ್ಯೆ: PGS/SW/2020-21/205 ದಿನಾಂಕ: 12.11.2020

ಉಲ್ಲೇಖ (1) ರನ್ವಯ ಅಧಿಸೂಚಿಸಿರುವ ಸಮಾಜಕಾರ್ಯ ಪದವಿ ಕಾರ್ಯಕ್ರಮದ (ಬಿ.ಎಸ್.ಡಬ್ಲ್ಯೂ)್ ಪಠ್ಯಕ್ರಮದಲ್ಲಿ ಈ ಕೆಳಗಿನ ತಿದ್ದು ಪಡಿಗಳನ್ನು ಅಳವಡಿಸುವಂತೆ ತಿಳಿಸಲಾಗಿದೆ.

- ಗ್ರೂಪ್ II ರ ಆಯ್ಕೆ ಕೋರ್ಸ್ ಗಳಾದ Industrial Social Work (BSWSCE 236) ಅಥವಾ School Social Work ಗಳನ್ನು (BSWSCE 237) ಪಠ್ಯಕ್ರಮದಲ್ಲಿ ನಾಲ್ಕನೇ ಸೆಮಿಸ್ಟರ್ ಬದಲು ತೃತೀಯ ಸೆಮಿಸ್ಟರ್ ಎಂದು ತಿದ್ದುಪಡಿ ಮಾಡುವುದು.
- 2. ಹಾಗೆಯೇ ಆಯ್ಕೆ ಕೋರ್ಸ್ ಗಳಾದ Personality Development (BSWSCE 286) ಅಥವಾ Project Planing & Management (BSWSCE 287) ಗಳನ್ನು ಪಠ್ಯಕ್ರಮದಲ್ಲಿ ತೃತೀಯ ಸೆಮಿಸ್ಟರ್ ಬದಲು ನಾಲ್ಕನೇ ಸೆಮಿಸ್ಟರ್ ಎಂದು ತಿದ್ದುಪಡಿ ಮಾಡುವುದು.

ಮೇಲಿನ ತಿದ್ದುಪಡಿಗಳನ್ನು ವಿಶ್ವವಿದ್ಯಾನಿಲಯದ ಜಾಲತಾಣ <u>www.mangaloreuniversity.ac.in</u> ರಲ್ಲಿ ಪ್ರಕಟಿಸಲಾಗಿದೆ.

ರಿಗೆ:

- 1) ಸಂಬಂಧಪಟ್ಟ ಎಲ್ಲಾ ಕಾಲೇಜುಗಳ ಪ್ರಾಂಶುಪಾಲರುಗಳಿಗೆ
- 2) ಕುಲಸಚಿವರು (ಪರೀಕ್ಷಾಂಗ), ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ.
- 3) ಪ್ರೊ. ಪಿ.ಜಿ. ಎಕ್ವಿನಾಸ್, ಪದವಿ ಮಟ್ಟದ ಸಮಾಜಕಾರ್ಯ ಅಧ್ಯಯನ ಮಂಡಳಿ, ಸ್ನಾತಕೋತ್ತರ ಸಮಾಜಕಾರ್ಯ ವಿಭಾಗ, ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ.
- ನಿರ್ದೇಶಕರು, DUIMS ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ ತಿದ್ದುಪಡಿಯನ್ನು ವಿಶ್ವವಿದ್ಯಾನಿಲಯದ ಜಾಲತಾಣದಲ್ಲಿ ಪ್ರಕಟಿಸಲು ಕೋರಲಾಗಿದೆ.
- 5) ಸಹಾಯಕ ಕುಲಸಚಿವರು/ ಅಧೀಕ್ಷಕರು, ಶೈಕ್ಷಣಿಕ ವಿಭಾಗ, ಕುಲಸಚಿವರ ಕಚೇರಿ, ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ



# MANGALORE

# (NAAC accredited 'A' Grade)

## MANGALAGANGOTHRI

Syllabus for

Bachelor of Social Work (BSW)

(I to VI Semesters)

## OBJECTIVE OF THE COURSE:

To impart education and training in Professional Social Work to those desirous of making a career in the field of Social Work

To provide opportunities though intensive field work practicum to work with variety of people in their development and provide service to those who are in need of it.

To promote among students a sense of dedication and commitment for service to the cause of the poor and under privileged sections of society

#### THE SCHEME OF EVALUATION

The Examination is conducted on the basis of Semester scheme as stated below:

#### **Theory Papers**

For the first Semester to fourth Semester University Examination: out of total 100 marks:

Theory 80 marks (University Examination) and 20 marks for Internal Assessment

For the fifth and Sixth Semester University Examination: Out of 150 marks: Theory 120 marks (University Examination) and 30 for Internal Assessment for first four papers and reaming three paper Out of 100 marks: Theory 80 marks (University Examination) and 20 for Internal Assessment.

The University Examination is of 3 hours (three hours) duration and the candidate has to answer as per the guidelines of the Question paper

Question Paper pattern for 80 marks for the first Semester to fourth semester university Examination

#### AND

Question Paper pattern for 120 marks for first four papers and reaming paper marks is 80 for the fifth and Sixth Semester University Examinations provided in the end of the syllabus

#### **Field Work Practicum**

For the Field Work Practicum for first to fourth Semesters is allotted 100 marks to be evaluated by the faculty supervisor.

For the fifth semester out of 100 marks, 80 marks allotted for the Viva-Voce which is conducted by examiners appointed by the BOE.

For the Sixth Semester out of 100 marks allotted: 80 marks is allotted for Viva-Voce, 20 marks is allotted by the faculty supervisor for Study tour and internal assessment.

The student is required to present a duly signed and approved field work report and diary (time sheet) on the day of Viva-Voce Examination.

The Examination is conducted according to the University norms.

**Eligibility for Teaching**: All the subjects under Group I and Group II are to be taught by the Faculty members having Master of Social Work (MSW) degree only.

**Teaching Pedagogy:** The programme consists of Lectures and Practical sessions both inside and outside the classroom. Lectures will be supplemented with tutorial classes which encompass Student Seminars, Case Studies, Group Discussions, Role Play activities, extension activities.

#### I SEMESTER

|   | No<br>courses   | Course code              | Particulars  | Instruction<br>hrs/week | Duration<br>of exam |     | Marks |       | Credits |
|---|---|--------------------------|--|-------------------------|---------------------|-----|-------|-------|---------|
|   |   |                          |  |                         |                     | IA  | Exam  | Total |         |
| Group I: Core<br>Courses                        | 4 Theory  | BSWBWC 131               | Introduction<br>to Social Work                                   | 4                       | 3                   | 20  | 80    | 100   | 2       |
|   |   | BSWBWC<br>132            | Basic<br>Sociological<br>Concepts                                | 4                       | 3                   | 20  | 80    | 100   | 2       |
|   |   | BSWBWC<br>133            | Early<br>Childhood<br>Development                                | 4                       | 3                   | 20  | 80    | 100   | 2       |
|   |   | BSWBWC<br>134            | Fundamentals<br>of Nutrition                                     | 4                       | 3                   | 20  | 80    | 100   | 2       |
|   | 1 Field<br>work<br>Practicum  | BSWBWC<br>135            |  | 6                       |                     | 100 | -     | 100   | 2       |
| Group II Elective                               | 1 Theory  | BSWSCE 136<br>BSWSCE 137 | Fundamentals<br>of Social Work<br>Or<br>Fields of Social<br>work | 2                       | 2                   | 10  | 40    | 50    | 1       |
| <b>Group III</b><br>a) Compulsory<br>Foundation | Language I<br>English   | BSWENL 131               |  | 4                       | 3                   | 20  | 80    | 100   | 02      |
|   | Language II<br>1 : Kannada<br>OR<br>Add.English   |                          |  | 4                       | 3                   | 20  | 80    | 100   | 02      |
| b)Elective Foundation                           | Indian<br>Constitutio<br>n /Human<br>Rights/Gen<br>der equity/<br>Environme<br>ntal Studies | BSWCIF 131               |  | 2                       | 2                   | 10  | 40    | 50    | 01      |
| Group IV  | CC &EC :<br>Co-<br>curricular<br>and Extra-<br>curricular<br>Activities                     |                          |  |                         |                     |     |       | 50    | 01      |

#### **II SEMESTER**

|  | No courses   | Course<br>code                 | Particulars   | Instruction<br>hrs/week | Duration of exam |     | Marks |       | Credits |
|--|--|--------------------------------|---|-------------------------|------------------|-----|-------|-------|---------|
|  |  |                                |   |                         |                  | IA  | Exam  | Total |         |
| Group I: Core<br>Courses                 | 4 Theory   | BSWBWC<br>181                  | Methodsof<br>SocialWork                                     | 4                       | 3                | 20  | 80    | 100   | 2       |
|  |  | BSWBWC<br>182                  | Communicatio<br>n Skills For<br>Social Work<br>Practice     | 4                       | 3                | 20  | 80    | 100   | 2       |
|  |  | BSWBWC<br>183                  | Childhood<br>Problems<br>and<br>services                    | 4                       | 3                | 20  | 80    | 100   | 2       |
|  |  | BSWBWC<br>184                  | Home<br>Management  | 4                       | 3                | 20  | 80    | 100   | 2       |
|  | 1 Field work<br>Practicum  | BSWBWC<br>185                  |   | 6                       |                  | 100 | -     | 100   | 2       |
| Group II<br>Elective                     | 1 Theory   | BSWSCE<br>186<br>BSWSCE<br>187 | Developmental<br>Psychology<br>OR<br>Disaster<br>Management | 2                       | 2                | 10  | 40    | 50    | 1       |
| Group III a)<br>Compulsory<br>Foundation | Language I<br>English  | BSWENL 181                     |   | 4                       | 3                | 20  | 80    | 100   | 02      |
| b) Elective<br>Foundation                | Language II<br>Kannada<br>OR<br>Add.<br>English  | BSWKAL 181<br>BSWAEL181        |   | 4                       | 3                | 20  | 80    | 100   | 02      |
|  | Indian<br>Constitutio<br>n/Human<br>Rights/Gen<br>der equity/<br>Environme<br>ntal Studies | BSWHGF181                      |   | 2                       | 2                | 10  | 40    | 50    | 01      |
| Group IV                                 | CC &EC :<br>Co-<br>curricular<br>and Extra-<br>curricular<br>Activities                    |                                |   | -                       | -                | -   | -     | 50    | 01      |

#### **III SEMESTER**

|   | No<br>courses  | Course<br>code           | Particulars  | Instruction<br>hrs/week | Duration of exam |     | Marks |       | Credits |
|---|--|--------------------------|--|-------------------------|------------------|-----|-------|-------|---------|
|   |  |                          |  |                         |                  | IA  | Exam  | Total |         |
| Group I: Core courses                           | 4 Theory   | BSWBWC<br>231            | Social Group<br>work   | 4                       | 3                | 20  | 80    | 100   | 2       |
|   |  | BSWBWC<br>232            | Early Stages<br>of Human<br>Development                      | 4                       | 3                | 20  | 80    | 100   | 2       |
|   |  | BSWBWC<br>233            | Health care  | 4                       | 3                | 20  | 80    | 100   | 2       |
|   |  | BSWBWC<br>234            | Non formal<br>Education                                      | 4                       | 3                | 20  | 80    | 100   | 2       |
|   | 1 Field<br>work<br>Practicum   | BSWBWC<br>235            |  | 6                       |                  | 100 | -     | 100   | 2       |
| Group II Elective                               | 1 Theory<br>Open<br>elective for<br>BSW<br>students                                      | BSWSCE 236<br>BSWSCE 237 | Industrial<br>Social work<br>O<br>r<br>School Social<br>Work | 2                       | 2                | 10  | 40    | 50    | 1       |
| <b>Group III</b><br>b) Compulsory<br>Foundation | Language I<br>English  | BSWENL 231               |  | 4                       | 3                | 20  | 80    | 100   | 02      |
|   | Language II 1 :<br>Kannada<br>OR<br>Add. English   | BSWKAL 231<br>BSWAEL231  |  | 4                       | 3                | 20  | 80    | 100   | 02      |
| b)Elective Foundation                           | Indian<br>Constitution<br>/Human<br>Rights/Gender<br>equity/<br>Environmental<br>Studies | BSWGEF 231               |  | 2                       | 2                | 10  | 40    | 50    | 01      |
| Group IV  | CC &EC : Co-<br>curricular and<br>Extra-<br>curricular<br>Activities                     |                          |  |                         |                  |     |       | 50    | 01      |

## IV SEMESTER

|   | No<br>courses   | Course<br>code           | Particulars   | Instruction<br>hrs/week | Duration of exam |     | Marks |       | Credits |
|---|---|--------------------------|---|-------------------------|------------------|-----|-------|-------|---------|
|   |   |                          |   |                         |                  | IA  | Exam  | Total |         |
| Group I: Core<br>courses                        | 4 Theory  | BSWBWC<br>281            | Social Case<br>work   | 4                       | 3                | 20  | 80    | 100   | 2       |
|   |   | BSWBWC<br>282            | Later Stages<br>of Human<br>Development                                       | 4                       | 3                | 20  | 80    | 100   | 2       |
|   |   | BSWBWC<br>283            | Health<br>Education   | 4                       | 3                | 20  | 80    | 100   | 2       |
|   |   | BSWBWC<br>284            | Education<br>for Social<br>Change   | 4                       | 3                | 20  | 80    | 100   | 2       |
|   | 1 Field<br>work<br>practicum  | BSWBWC<br>285            |   | 6                       |                  | 100 | -     | 100   | 2       |
| Group II Elective                               | 1 Theory<br>Open<br>elective<br>for other<br>students                                       | BSWSCE 286<br>BSWSCE 287 | Personality<br>Development<br>O<br>R<br>Project<br>Planning and<br>Management | 2                       | 2                | 10  | 40    | 50    | 1       |
| <b>Group III</b><br>c) Compulsory<br>Foundation | Language I<br>English   | BSWENL 281               |   | 4                       | 3                | 20  | 80    | 100   | 02      |
|   | Language II<br>1 : Kannada<br>OR<br>Add.English   | BSWKAL281<br>BSWAEL 281  |   | 4                       | 3                | 20  | 80    | 100   | 02      |
| b)Elective<br>Foundation                        | Indian<br>Constitutio<br>n /Human<br>Rights/Gen<br>der equity/<br>Environme<br>ntal Studies | BSWESF 281               |   | 2                       | 2                | 10  | 40    | 50    | 01      |
| Group IV  | CC &EC :<br>Co-<br>curricular<br>and Extra-<br>curricular<br>Activities                     |                          |   |                         |                  |     |       | 50    | 01      |

#### V Semester

|                     | No Courses                | Course<br>code | Particulars                                    | Instruction<br>hrs/week | Duration<br>of exam |    | Mark | 5     | Credits |
|---------------------|---------------------------|----------------|--|-------------------------|---------------------|----|------|-------|---------|
|                     |                           |                |  |                         |                     | IA | Exam | Total |         |
| Group<br>I:<br>Core | 6 Theory                  | BSWBWC<br>331  | Social Case<br>work with<br>Families           | 4                       | 3                   | 30 | 120  | 150   | 3       |
| courses             |                           | BSWBWC<br>332  | Social Work<br>with<br>Communities             | 4                       | 3                   | 30 | 120  | 150   | 3       |
|                     |                           | BSWBWC<br>333  | Social Welfare<br>Administration               | 4                       | 3                   | 30 | 120  | 150   | 3       |
|                     |                           | BSWBWC<br>334  | Problems of<br>Indian Society                  | 4                       | 3                   | 30 | 120  | 150   | 3       |
|                     |                           | BSWBWC<br>335  | Weaker<br>Sections of<br>Indian Society        | 3                       | 3                   | 20 | 80   | 100   | 2       |
|                     |                           | BSWBWC<br>336  | Human<br>Relations and<br>Skill<br>Development | 3                       | 3                   | 20 | 80   | 100   | 2       |
|                     | 1 Field work<br>Practicum | BSWBWC<br>337  |  | 8                       |                     | 20 | 80   | 100   | 2       |

#### **VI** Semester

|                             | No<br>courses                | Course<br>code | Particulars                                     | Instruction<br>hrs/week | Duration<br>of exam |    | Marks |       | Credits |
|-----------------------------|------------------------------|----------------|---|-------------------------|---------------------|----|-------|-------|---------|
|                             |                              |                |   |                         |                     | IA | Exam  | Total |         |
| Group I:<br>Core<br>courses | 6 theory                     | BSWBWC<br>381  | Social group<br>work in various<br>settings     | 4                       | 3                   | 30 | 120   | 150   | 3       |
|                             |                              | BSWBWC<br>382  | Community<br>Organisation<br>and<br>Development | 4                       | 3                   | 30 | 120   | 150   | 3       |
|                             |                              | BSWBWC<br>383  | Social Work<br>research and<br>statistics       | 4                       | 3                   | 30 | 120   | 150   | 3       |
|                             |                              | BSWBWC<br>384  | Contemporary<br>challenges of<br>Indian Society | 4                       | 3                   | 30 | 120   | 150   | 3       |
|                             |                              | BSWBWC<br>385  | Development of<br>Weaker Section                | 3                       | 3                   | 20 | 80    | 100   | 2       |
|                             |                              | BSWBWC<br>386  | Mass<br>Communication                           | 3                       | 3                   | 20 | 80    | 100   | 2       |
|                             | 1 field<br>work<br>practicum | BSW 364        |   | 8                       |                     | 20 | 80    | 100   | 2       |

## **GUIDELINES FOR FIELD WORK**

Field work is an integral part of social work curriculum at undergraduate and post-graduate levels. Social work educators and practitioners hold fieldwork to be the core of professional social work education. Field work, also referred to as practicum, internship or field placement, and emphasizes the application of theory to practice.

Field work is not merely visiting an agency or observing what goes on in the agency. Field work training is imparted under the guidance and supervision of a social work educator as well as the supervision of experienced social workers in the agency.

Social work practicum has the following learning opportunities for the development of professional skills.

| Learning           | Opportunities                |
|--------------------|------------------------------|
| Orientation visits | Workshops                    |
| Rural/Tribal Camps | Concurrent Practice Learning |
| Study Tours        | Summer Placement (optional)  |

#### Field Work for First Year BSW

The first year BSW students are placed in Schools for the entire duration of the year. The stipulated hour for field work practicum is 90 hours (6hours x 15 days) per Semester. The essential tasks to be undertaken by the first year students include:

Orientation visits to social work agencies

Concurrent Placement in a School (Government or Private) where they are required to undertake:

Group work-- one meeting per week Home Visits

Case work-- at least one or two cases in the second semester

In addition, the students with the cooperation of the school authorities may organize

Field trips to industries, museums, media centers, laboratories etc

Talks for parents on Parenting, Understanding Children/ Teenagers and other related topics Faculty development programmes of school teachers

## Field Work for Second Year BSW

The second year BSW students continue to be engaged in school social work by being placed in schools for the entire duration of the semester/year. The stipulated hours for field work practicum are 90 hours (6 hours x 15 days) per Semester. It may be noted that the school selected for placement must be a different from the school they were placed in the first year. Alternatively, students may also be placed in an Anganwadi. The second year students have to take up the followingtasks:

Case Work—at least three cases per semester and five or six cases in a year Group work—one meeting every week

In addition, the students may conduct field trips, parenting sessions, faculty development programmes as suggested for first year field work.

#### Field Work for Third Year BSW

The third year BSW students are compulsorily placed in Panchayath's or NGOs to work with communities of low-income groups. The stipulated hour for field work practicum is 120 hours (8 hours x 15 days) per Semester.Unless the student completes minimum 90 hours of field work he/she will not be eligible to attend the external viva voce examination.

The primary focus of the third-year students is to engage in community work or community organization method of Social work. In addition, the students may take up group work or case work in the community if the situation demands.

The students may be placed in teams of two or three and initially observe and understand the community dynamics. After the initial phase, they may organize programmes for selected groups or the entire community as well as facilitate the community in resolving issues and problems. The evaluation criteria are given below:

| Sl. No. | CRITERIA   | Marks (Total) |
|---------|--|---------------|
| 1.      | Adjustment in the Agency                                 | 10            |
|         | Adjustment to the physical setting/environment           |               |
|         | Adjustment to the authority/heads of the institutions    |               |
|         | Understanding the agency structure and the various       |               |
|         | Programs   |               |
| 2.      | Professional Self  | 20            |
|         | Self-discipline and responsible behaviour                |               |
|         | Sincerity, integrity, honesty, maturity                  |               |
|         | Regularity, punctuality, overtime                        |               |
|         | Dress, manners, etiquette                                |               |
| 3.      | Group Work   | 25            |
|         | Skill in identifying individual needs                    |               |
|         | Skill in identifying group dynamics                      |               |
|         | Skill in enabling group participation                    |               |
|         | Skill in Planning Programme                              |               |
|         | Creative use of Programme Media                          |               |
| 4.      | Home Visit   | 15            |
| 5.      | Recording  | 15            |
|         | Ability to write records clearly, consistently and       |               |
|         | includes   |               |
|         | copies of documents, Includes relevant information,      |               |
|         | reports, documents, correspondences, Write one's         |               |
|         | impression and future plan, Up to date recording and     |               |
|         | submission in time                                       |               |
| 6.      | Field Instruction and Field Work Conferences*            | 15            |
|         | Utilizing field instruction for learning, Responsibility |               |
|         | for conference preparation and participation, Ability to |               |
|         | accept assessments of strength and limitations, Active   |               |
|         | participation with initiative in thinking and planning,  |               |
|         | Ability to reach out to new tasks,                       |               |
|         | (* Regularity in attending conferences)                  |               |

## **Performance of Evaluation (for 1 Year)**

Name and Signature of the Field work Supervisor

## Performance of Evaluation (for II Year)

| Sl. No. | CRITERIA   | Marks (Total) |
|---------|--|---------------|
| 1.      | Adjustment in the Agency                                 | 10            |
|         | Adjustment to the physical setting/environment           |               |
|         | Adjustment to the authority/heads of the institutions    |               |
|         | Understanding the agency structure and the various       |               |
|         | Programs   |               |
| 2.      | Professional Self  | 10            |
|         | Self-discipline and responsible behaviour                |               |
|         | Sincerity, integrity, honesty, maturity                  |               |
|         | Regularity, punctuality, overtime                        |               |
|         | Dress, manners, etiquette                                |               |
| 3.      | Case work  | 25            |
|         | Use of Interview skills, Use of community                |               |
|         | resources/collateral contact, Use of case work           |               |
|         | principles, Home Visit, Ability to use supportive        |               |
|         | techniques   |               |
|         |  |               |
| 4.      | Group Work   | 25            |
|         | Skill in identifying individual needs                    |               |
|         | Skill in identifying group dynamics                      |               |
|         | Skill in enabling group participation                    |               |
|         | Skill in Planning Programme                              |               |
|         | Creative use of Programme Media                          |               |
| 5.      | Recording  | 15            |
|         | Ability to write records clearly, consistently and       |               |
|         | includes   |               |
|         | copies of documents, Includes relevant information,      |               |
|         | reports, documents, correspondences, Write one's         |               |
|         | impression and future plan, Up to date recording and     |               |
|         | submission in time                                       |               |
| 6.      | Field Instruction and Field Work Conferences*            | 15            |
|         | Utilizing field instruction for learning, Responsibility |               |
|         | for conference preparation and participation, Ability to |               |
|         | accept assessments of strength and limitations, Active   |               |
|         | participation with initiative in thinking and planning,  |               |
|         | Ability to reach out to new tasks,                       |               |
|         | (* Regularity in attending conferences)                  |               |

Name and Signature of the Field work Supervisor

## Performance of Evaluation (for III Year)

| Sl. No. | CRITERIA   | Marks (Total) |
|---------|--|---------------|
| 1.      | Adjustment in the Agency                                 | 10            |
|         | Adjustment to the physical setting/environment           |               |
|         | Adjustment to the authority/heads of the institutions    |               |
|         | Understanding the agency structure and the various       |               |
|         | Programs   |               |
| 2.      | Professional Self  | 10            |
|         | Self-discipline and responsible behaviour                |               |
|         | Sincerity, integrity, honesty, maturity                  |               |
|         | Regularity, punctuality, overtime                        |               |
|         | Dress, manners, etiquette                                |               |
| 3.      | Case work  | 10            |
|         | Use of Interview skills, Use of community                |               |
|         | resources/collateral contact, Use of case work           |               |
|         | principles, Home Visit, Ability to use supportive        |               |
|         | techniques   |               |
|         | Or   |               |
|         | Group Work   |               |
|         | Skill in identifying individual needs                    |               |
|         | Skill in identifying group dynamics                      |               |
|         | Skill in enabling group participation                    |               |
|         | Skill in Planning Programme                              |               |
|         | Creative use of Programme Media                          |               |
|         | (* Note: Marks are allotted either for case work or      |               |
|         | group work depending on the work done by theStudent)     |               |
| 4.      | Community Work   | 30            |
|         | Understanding the community, Knowledge of the            |               |
|         | dynamics of the community, Identifying, partializing     |               |
|         | problems and establishing contract, Planning a strategy  |               |
|         | of work and establishing contract, Efforts at involving  |               |
|         | the community in participation of meetings, Use of       |               |
|         | interviewing techniques and skills                       |               |
| 5.      | Recording  | 10            |
|         | Ability to write records clearly, consistently and       |               |
|         | includes   |               |
|         | copies of documents, Includes relevant information,      |               |
|         | reports, documents, correspondences, Write one's         |               |
|         | impression and future plan. Up to date recording and     |               |
|         | submission in time                                       |               |
| 6.      | Field Instruction and Field Work Conferences*            | 10            |
|         | Utilizing field instruction for learning, Responsibility |               |
|         | for conference preparation and participation, Ability to |               |
|         | accept assessments of strength and limitations, Active   |               |
|         | participation with initiative in thinking and planning,  |               |
|         | Ability to reach out to new tasks,                       |               |
|         | (* Regularity in attending conferences)                  |               |
| 7.      | Study Tour   | 20            |

## FIRST SEMESTER BSWBWC 131- INTRODUCTION TO SOCIAL WORK

| TheoryMarks        | 80 |
|--------------------|----|
| InternalAssessment | 20 |
| Teachinghours      | 48 |

**OBJECTIVES:** 

- Understanding the historical evolution of Social Work in India and abroad
- Develop theoretical understanding of systemapproaches
- To understand the principles, values of Social Work and consciously apply inpractice UNITI (12hrs)

**Concept of Social Work**: Meaning, Definition, Objectives, Values, Importance and Misconceptions of Social Work.

**Historical Development of Social Work inAbroad :**Origin- Friendly Visitors, Elizabethan Poor Law, Work Houses and Alms Houses, Charity Organisation Society.

**Historical Development of Social Work in India**: During British rule and after Independence.Contributions of Individuals and Organizations in Social Welfare, Modern Social Work in India.

#### UNITII (16hrs)

**Principles of Social Work**: Individualization, Acceptance, Non-Judgmental Attitude, Confidentiality, Controlled Emotional Involvement, Purposeful Expression of Feelings, Clients Self-Determination.

**Primary Methods of Social Work: Social Case work** - Meaning, Definition and Objectives, **Social Group work** - Meaning, Definition and Objectives, **Community Organization** - Meaning, Definition and Objectives,

Secondary Methods of Social Work: Social Welfare Administration- Meaning, Definition and Objectives, Social Work Research - Meaning, Definition and Objectives, Social Action- Meaning, Definition and Objectives

## UNITIII (12hrs)

**Concepts Relevant to Social Work**: Social Service, Social Welfare, Social Security, Social Policy, Social Planning, Social Development and Social Empowerment

**Social Work Services:** Family service, Child Welfare Services, Welfare Services for differently-abled, Women welfare, Labour welfare, Medical Social work and Correctional services.

#### .UNITIV (8hrs)

**Fieldwork:** An Overview, Definition, Objective and Importance, Components of Field Work: Client-Problem-Agency-Supervisor-Conferences (Individual/Group)

Code of Ethics in Social Work: NASW 2018

- 1. Sanjay Battacharya 2004, Social Work, an integrated approaches, Deep andDeep publication Pvt Ltd Delhi 110027
- 2. Subhhedar I.S. 2001, Field work training in Social work, Rawat Publication, Jaipur & NewDelhi
- 3. Madan G.R. 2000, Indian Social Problems- Social disorganization and Reconstruction, New Delhi; Allied PublishersLtd
- 4. Mudgal S.D. 1997, An introduction to Social Work, Jaipur BookEnclave
- 5. P.D. Misra, BeenaMisra 2004, Social Work Profession in India, New Royal Book Co. Lucknow
- 6. Chawdhry D. Paul, Introduction to Social Work- History, Concepts, Methods and Fields, Delhi; Atma Ram &sons
- 7. Prakash Ravi & Devi Rameshwar 2001, Social Work Practice, Jaipur, MangalDeep Publication.
- 8. Harish Kumar, Social Work Vol. 1, Ishal BooksDelhi
- 9. Skidmore, Rex A, Milton G Thackeray, O William Farley 1988, Introduction to Social Work, New Jersy, Prentice Hall, EnglewoodCliff
- 10. Joselyn , Lobo T, 2017, Fieldwork in social work Education, A manual foreducators and students., ATC publishersBangalore

#### FIRST SEMESTER BSWBWC 132- BASIC SOCIOLOGICAL CONCEPTS

TheoryMarks80InternalAssessment20Teachinghours48

#### **OBJECTIVES**

- To Provide Sociological Perspectives And Sociological Insight For Effective Social WorkPractice
- To Develop an Understanding of Basic SociologicalConcepts
- To Understand The Need, Importance and Functions of Primary SocialInstitutions

#### UNITI (8hrs)

Sociology: Introduction, Concept, Importance and uses of SociologySociety: Meaning, Characteristics and Kinds of SocietiesCommunity: Meaning and Characteristics, Difference Between Society and CommunityGroup: Meaning and Characteristics, Classification of Groups and importance

#### UNITII (14hrs)

**Social Organization:** Nature and Characteristics of Social Organization, Types and its characteristics

**Culture**: Meaning, Characteristics and Functions of Culture, Culture and Society, Culture and Civilization

**Concepts of Cultural Lag** 

Socialization: Meaning, Process of Socialization Agencies of Socialization

## UNITIII (14hrs)

**Social Institution**: Meaning, Characteristics and Types of Social Institution, Institution and Association

**Marriage**: Meaning and Characteristics, Forms of marriage, Mate selection: Exogamy and Endogamy

**Family**: Meaning and Function of family, Types of family: Nuclear, Extended, Joint family, Features of Modern family

#### UNITIV (12hrs)

Religious Institution: Components, Functions, and Forms of Religion

**Economic Institution**: Nature of Economic Institutions, Property: Nature of Property Rights, Private property, Capitalism and Socialism: A critical analysis

**Political Institution**: Meaning of State and Government. Functions of State: Protective and Welfare functions, Forms of Government: Democracy and Totalitarianism

- 1. Rao, C.N. Shankar, Sociology, New Delhi; S. Chand and Company Ltd1993
- 2. Singh K., Principles of Sociology, Lucknow; Prakashan Kendra, 1999
- 3. Bhushan, Vidya & D.R. Sachdeva. An Introduction of Sociology, Allahabad;Kitab Mahal1989
- 4. Davis, Kingsley, Human Society, Delhi; Surjeet Publications1981
- 5. Deva Indra &Shrirama, Society and Culture in India; Their dynamics through the Ages. Jaipur: Rwat Publications, 1999
- 6. Girbert P. Fundamental of Sociology. 3<sup>rd</sup> edition. Bombay: Orient LongmanLtd

#### FIRST SEMESTER BSW BSWBWC 133- EARLY CHILDHOOD DEVELOPMENT

TheoryMarks80InternalAssessment20Teachinghours48

#### **OBJECTIVES**

- To Understand How Children Develop and The Psychological Significance of Development
- To Understand Fundamental Facts About Principles of Development
- To Know How Emotions Play An Important Role InChildren's Lives
- To Know The Contribution of Play in child's growthand development

## UNITI (12hrs)

**Growth and Development:** Concept of Growth and Development, Factors influencing Development,

Principles of Development, Hazards in Physical Development

## UNITII (12hrs)

**Emotional Development:** Characteristic features of Children's emotions, Effect of emotions on Children's personal and social adjustment, Hazards in Emotional Development, Causes for behavioural problems in children

## UNITIII (12hrs)

**Play Development:** Play- Meaning and definition, Characteristics of Children's play, Contribution of play to children's personality Development, Hazards in play development

## UNITIV (12hrs)

**Nurturing children:** Needs of Children- Significance, security, acceptance, love, praise and discipline Art of effective parenting, Components of child- friendly schools, Life skills for effective moulding of behavior

- 1. Hurlock Elizabeth B. Child Development, McGraw Hill, Sydney1978
- 2. Hurlock S.B, Childs growth and psychology, Tata McGrawHill
- 3. Dsouza Barnalu. Walking with Vulnerable Children. Mumbai DonBosco Research, Documentation & training centre2006
- 4. Drescher . John M. -Six things children Need. Mumbai St Paul Publications1994
- 5. Ginott Haim, G,- Between Parent and child, New York: Avon Books1956
- 6. Green Christaphi- Toddler Taming: A parent's Guide to the first four years.London: Vermillion1992
- 7. GupthaSangettha- The joy of Parents. New Delhi: Unicorn Books Pvt Ltd2003
- 8. LakshmammaaT.- Professional Training in Social Work. New Delhi: Discovery Publishing House Pvt Ltd2010
- 9. Santrock, John W. Child Development. New Delhi, Tata McGraw Hill Publishing Co Ltd2007

#### FIRST SEMESTER BSW BSWBWC 134- FUNDAMENTALS OF NUTRITION

TheoryMarks80InternalAssessment20Teachinghours48

#### **OBJECTIVES**

- To help students to discuss the relationship between food, health and diseases
- To help students to assess the diseases caused by deficiency of vitamins and minerals
- To enable students to practice dietary habits that contribute to healthy lifestyle

#### UNITI (10hrs)

**Basic Concepts of Nutrition:** Definition and importance of Nutrition, Basic Food Groups: definition, types of food groups, functions of food.

**Balanced Diet:** Meaning and definition of balanced diet- calculation of balanced diet, guidelines for planning balanced diet

Nutrients and their classification: macronutrients and micronutrients

#### UNITII (12hrs)

Carbohydrates-, functions sources and deficiency

Proteins- functions and sources and deficiency

Fats and Oils- functions sources and deficiency

Vitamins: Fat solublevitamins: Functions, sources and Deficiency

Vitamin A and Vitamin D:

Water-soluble vitamins: Functions, sources and deficiency

Vitamin B complex and vitamin C

## UNITIII (12hrs)

Mineral Elements-Calcium: functions, sources and deficiency

Iron: functions, sources and deficiency

Green leafy vegetables: Significance and Nutritive composition

**Fiber:** Significance and role of fiber in the body -Harmful effects of low fiber in the diet

**Understanding food combination:** Its impact on self- highlight of right and wrong food combination

Water: Its importance and functional values

## UNITIV (14hrs)

**Malnutrition:** Meaning and Definition-Causes and effects of malnutrition-prevention of malnutrition.

**Methods of cooking (exposure to nutritional lab):** Types of cooking methods - Conservation of nutrients -Enhancing Nutrient content

**Food Adulteration:** Types of adulterants-Common adulterants used on various eatables - Detection of Food adulterants

Food poisoning-Types, Causes and Prevention

- 1. Babu Suresh S A treatise on Home Remidies. Delhi Pustak Mahal2009
- 2. Bakhru H.K. -Vitamins that Heal: Natural Immunity for Better Health. Noida Saurabh Printers Pvt Ltd 2007
- 3. Gopalan C., B.V Rama Sastri and S.C. Balasubramaniam- Nutritivevalue of Indian foods. Hyderabad: National Institute of Nutrition1993
- 4. Gupt M.K.- Foods that are killing you. New Delhi: Pusthak Mahal2004
- 5. IGNOU Publications- Nutrition for the community. New Delhi1996
- 6. Lawrance Helen- Well-being for women. Scotland: geddes and Gosset2004
- 7. Morter Ted M- Health and wellness. New Delhi: Pustak Mahal2000
- 8. Mudambi, Sumathi R and Shalini M Rao Food Science. Wiley EasternLtd
- 9. Rajadhyaksha, Medha S and Sukanya Datta- The Secrets of Proteins.New Delhi National Book Trust2000
- 10. Reddy S. R. 1997- Teaching health and Nutrition. NewDelhi: Commonwealth publication1995
- 11. Roday S Hygiene and sanitation in food industry. New Delhi Tata McGraw Hill Publishing2006
- 12. Samraj Edison Best of Health. Pune: Oriental Watchman Publishing1994
- 13. Sharma Rajeev and Jyaothi Rajeev- Water for Health and Beauty. New Delhi: Manoj Publications2009
- 14. Singh Jyothi- Handbook of Nutrition and Dietetics. New Delhi: Lotus Press2008
- 15. Srilakshmi B Nutrition Science. New Delhi New age InternationalPublishers
- 16. Swaminathan M Essentials of Food and Nutrition (Vol II)Bangalore. The Bangalore Printing and Publishing Co Ltd2008
- 17. Venkataiah S. Teaching Food and Nutrition. New Delhi Anmol publications Pvt Ltd2002
- 18. Vidhya Chinthapalli- A text book of Nutrition, New Delhi Discovery Publishing House1996

## FIRST SEMESTER BSW- CBCS Fundamentals of Social Work Code: BSWSCE 136

Theory Mark:40Internal Assessment:10Teaching hours:24

### **OBJECTIVES**

- Understanding the historical development of SocialWork
- Develop insight into the Professional Social Work and itsfunctions
- To understand the different areas of Social Workpractice

## UNIT -I (6 hrs)

Social Work -Concepts, Meaning, Definition, Objectives, Values, Principle and Ethics.

#### UNIT-II(6 hrs)

**Primary Methods of Social Work:** Case Work, Group Work, Community Organization-Concept, Objectives and Principles

## UNIT- III (6 hrs)

**Secondary Methods of Social Work:** Social Work Administration, Social Work Research and Social Action- Concept, Objectives and Principles

#### UNIT- IV (6hrs)

Concepts of -Social Service, Social Welfare, Social Security, Social Change, Social Policy, Social Planning, Social Development and Social Empowerment

- Anand, C.L. 1982 Equality, Justice and Reverse Discrimination. PopularBook Service, NewDelhi
- Chowdhry Paul, D. 1971 Voluntary Social Welfare in India. Sterling Publishers, New Delhi..
- Hajira Kumar 1995 Theories in Social work practice Friends Publication(India) Delhi.
- Kulkarni, P.D. Social policy and Social Development in India Association of school of socialwork
- 5. Gore. M.S. 1985 Social Aspects of Development Jaipur: RawatPublications

#### FIRST SEMESTER BSW- CBCS Fields of Social Work Code: BSWSCE 137

| TheoryMark         | 40 |
|--------------------|----|
| InternalAssessment | 10 |
| Teachinghours      | 24 |

### **OBJECTIVES**

- To know the various areas of social workpractice.
- To know the various schemes in differentareas.
- To learn specific issues in differentareas.

#### UNIT -I (8 hrs)

**Social Work with Children**-Children in special circumstances-The destitute child: Meaning, causes, services for the destitute child, Child Abuse: Meaning, Types, causes and services for the Child Abuse, Street Children: Concept, Causes, services for the street children. Role of social worker.

#### UNIT -II (5 hrs)

**Social Work with Youths:**Concept and features- Drug Abuse, Alcoholism and Suicide. Role of social worker.

## UNIT –III (5 hrs)

**Social Work with Differently Abled:** Concept of disability. Classifications, Psycho – Social problems. Role of social worker.

## UNIT -IV (6 hrs)

**Social Work With Women:** Widows, Unwed Mothers, Destitute Women, Commercial Sex Workers. Role of social worker

- 1. Devi, Laxmi (ed) Child and Family Welfare. Institute for Sustainable Development, Lucknow & Anmol Publications Pvt. Ltd. NewDelhi.,1998.
- 2. Kaldate, S.V. Society, Delinquent and Juvenile court. Ajanta Publications New Delhi
- 3. Devandar, Kiran Status and Positions of Women in India; Shakthi Books, Delhi, 1985.
- 4. ICSSR Status of Women in India; Report of the National Committee; Allied Publishers, Delhi, 1975
- 5. Srinivasan K. & Pathak K.b. Dynamics Of Population and FamilyWelfare, Himalaya Publishing House, Delhi.1989.
- 6. Dubhashi P.R Rural Development Administration in India. Popular Press ,Bombay.
- 7. Desai Vasanth Rural Development, Vol I and II . Himalaya Publishing House, New Delhi
- 8. . Miller R.S Primary Health Care More Than Medicine; Prentice Hall Inc., London,1982.
- 9. Nanda V.K. Health Education; Anmol Publications, Delhi, 1997.

#### SECOND SEMESTER BSWBWC 181-METHODS OF SOCIAL WORK

TheoryMarks80InternalAssessment20Teachinghours48

## **OBJECTIVES**

- To develop an understanding of different methods in Social Work
- To develop the skills to apply in various methods of intervention
- Help students to develop ability to establishing and sustaining aworking relationship with the clientsystem

#### UNIT I(10hrs)

Social Case Work: Characteristics and principles of Social Case Work Social Group Work: Characteristics and Principles of Social Group Work Community Work: Concept of Community Work, Characteristics of community work

## UNIT II(12hrs)

Social Action:Conceptand Principles of Social action Social Welfare Administration: Concept and Principles of Social Welfare Administration Social Work Research: Concept of Social work Research, Classification and Functions of Social work Research

## UNIT III(12hrs)

**Meetings:**Concept, Purpose, Key components, planning and process of conducting Meetings, Role of the Chairperson.

**Programmes**:Meaning and importance of Programmes, Importance of Programme Planning **Specific Programme Media**: Art and crafts, Drama, Clay modeling, games, group discussion, role play

## UNIT IV(14hrs)

**School Social Work:** Introduction-Historical Development in India, Values of School Social Work

**Services**: Academic support program, Students assistance programme, Individual and group counseling, Student-Parent-Community education programmes, Crisis Interventions, Connection to community resources

## Skills and Challenges of School Social worker

- 1. Mathew Grace- An Introduction to Social Case Work, Mumbai Tata Institute of Social Sciences1992
- 2. Konapka, Gisela Social Group work a Helping process, New Jersey Prentice Hall1972
- 3. Bhattacharya Sanjay- Social Work an Integrated Approach. New Delhi. Deep and Deep Publications Pvt. Ltd2004
- 4. Chawdhry D. Paul, Introduction to Social Work- History, Concepts, Methods and Fields, Delhi; Atma Ram &sons
- 5. Friedlander, Water A 1977, Concept and Methods of Social Work, New Delhi Prentice Hall ofIndia
- 6. Khinduka S.K. 1965, Social Work in India, Kitale Mahal Pvt LtdAllahabad
- 7. P.D. Misra, BeenaMisra 2004, Social Work Profession in India, New Royal Book Co. Lucknow
- 8. Segl Elizabeth A Karen E Gerdes and Sue Steiner- Professional Social Work.New Delohi: Engage Learning India Pvt Ltd2010
- 9. Seymour Smith Seonard- Making your Meeting More Effective: Checklist and Guide; New Delhi Sterling Publication Pvt Ltd1989
- 10. Siddiqui H.Y, Social Work and Social Action: A developmental PerspectiveNew Delhi: Harnam Publication1984

## SECOND SEMESTER BSW BSWBWC 182- COMMUNICATION SKILLS FOR SOCIAL WORK PRACTICE

| TheoryMarks        | 80 |
|--------------------|----|
| InternalAssessment | 20 |
| Teachinghours      | 48 |

## **OBJECTIVES**

- To provide an overview of the communication process and analyse thebarriers of communication
- To enhance interpersonal communication skills
- To learn the use and importance of visual aids incommunication

## UNIT-I(10hrs)

**Communication**: Meaning, definition and importance. **Communication Process-**Sender

 $\rightarrow$ Message $\rightarrow$ Channel $\rightarrow$ Receiver $\rightarrow$ Feedback**Communication Barriers**: Different barriers to communication, Ways of overcoming barriers

## UNIT II(12hrs)

**Verbal Communication-Interpersonal Communication-** Meaning, Characteristics, Giving and receiving feedback

Nonverbal Communication- Concept Components and Importance Written Communication: Concept and basics

## UNIT -III(12hrs)

**Public Speaking:** Concept ,Structure and Principles of Public Speaking **Types of Speeches:** Master of Ceremony, Welcome speech, Introduction of the guest, Vote of Thanks - guidelines

## UNIT IV(14hrs)

**Listening**:Concept, Benefits of effective listening, Causes for poor listening, Developing listening skills

**Interviewing**: Concept, Planning and process of an Interview, Types of Questions, Interviewing in Social Work

**Telephone Communication:** Basic Telephone Rules, guidelines for Making and answering the call

- 1. Adair John Effective Communication New Delhi Rupa & Co1997
- 2. Balan K.R and C.S. Rayudu Effective Communication. New Delhi BeaconBooks 1904
- 3. Barker Alan- Improve your communication skills. New Delhi Kogan Page2010
- 4. Cole Kris Crystal Clear Communication: Skills for understanding and being understood. Chennai East West Books Pvt Ltd.2000
- 5. Kishore Lalith A text book of audio-visual aids. Delhi Doaba House1989
- 6. Ludlow Ron and Fergus Panton The Essence of Effective Communication. New Delhi Prentice Hall of India1995
- 7. McMillan Sandy How to be a better Communicator. New Delhi KoganPage India Ltd1998
- 8. Scott Bill The skills of Communication . Mumbai Jaico Publishing House1995
- 9. Stanton Nicky- Mastering Communication . London: Macmillan Press Ltd1996
- 10. Vilanilam JV- More Effective Communication A Manual for Professionals New Delhi Response Book2000

## SECOND SEMESTER BSW BSWBWC 183- CHILDHOOD PROBLEMS AND SERVICES

| TheoryMarks        | 80 |
|--------------------|----|
| InternalAssessment | 20 |
| Teachinghours      | 48 |

## **OBJECTIVES**

- To develop ability to identify and respond to common problems of children
- To develop an understanding of legal framework and policies that support child protection
- To develop an understanding of the need for establishing early childhood DevelopmentProgrammes
- To understand the contributions of National and International Organization in the field of ChildDevelopment

## UNITI(12hrs)

**The Child as Learner** –Important aspects about learning, Causes and treatment for childhood disorders – Bedwetting, Thumb sucking, Nail biting,Hyper activity, Stammering, Scholastic backwardness, Stealing, Eating disorder, The Teacher as a guide for learning

## UNIT II(14hrs)

**Constitutional safeguards for children in India-Rights of Children-Legislation related to children:** Medical Legislations related to children: Termination of pregnancy Act 1971 (MTP) and amendment 2002

The Pre-Natal Diagnostic Techniques (Regulation and prevention of Misuse) act 1994 1994 (PNDT) Juvenile Justice (care and protection) Act 2000 and amendment 2006 Right to Education 2009 Protection of Children from Sexual Offence act-2012(POCSO)

## UNIT III(12hrs)

**Services for Children**: Creche – Requirements and functions, ICDS – Objectives and servicesChild line Objectives and services, Integrated Child Protection Scheme (ICPS) Objectives and Services

## UNIT IV(10hrs)

## National and International initiative for care and protection of children

Indian council for child welfare-National Commission for Protection of Child Rights National Institute of Public Cooperation and Child Development Child Rights and You (CRY)

United Nations Children's Emergency Fund (UNICEF)

- 1. Edgar J Schmiedeler The child and problems of Today, Better yourself books Bombay1994
- 2. Joanna, JeravNichale, Mehanaetal- Childline at my finger tips A Resource book, child line India foundation2001
- 3. Kuppuswamy B Child Behavior & development, Vikas Publishing House, New Delhi1984
- 4. Pinto Jerry &BiblinariaJeroo,- A Guide to Starting child line. Child line India Foundation2000
- 5. Benjamin Spock & Michal B Rahenberg DR Spock's baby & child care1992
- 6. Rattan Vijay, Integrated Child Development Services- Programme Administration, S Chand & co Ltd New Delhi2000
- 7. Dr. I sobha Welfare Services for Women & Children, Discovery Publishing House, New Delhi2003
- Strang Ruth- An Introduction to Child Study 4<sup>th</sup> Edition, The Mac Millan Company, New York1998
- 9. Thakare Abhishek The Portrait of a Super Student, Pustak Mahal, Delhi2001
- 10. Vijay Prakash- Study Technique. Vasan Publication, Bangalore2005
- 11. Prabhu Vinay- General Psychology- Vipul Prakashan, Mumbai
- 12. Kohn Ruth The Exploring Child. Orient long man Ltd Mumbai1972
- 13. P.D. Mathew- Know your Rights- Nyay DarshanVododara
- 14. Mundkur Nandini, Pejavar Ranjan Kumar- Your child-parents guide to child health. Prism Book LtdBangalore2000

## SECOND SEMESTER BSW BSWBWC 184- HOME MANAGEMENT

TheoryMarks80InternalAssessment20Teachinghours48

## **OBJECTIVES**

- To develop Home ManagementSkills
- To understand the need to preserve nutritive values offood.
- To learn the Managerial responsibilities and Home MakingDuties.

#### UNIT I(12hrs)

Home Management: Meaning and Definition, Steps in Home Management process.Qualities and Managerial responsibilities of Home makerImportance and process of Decision making in Home ManagementWork Simplification: Definition, Importance

## UNIT II(12hrs)

**Meal Planning:** Concept and aims of Meal planning-Factors to be considered in meal planning

Meal planning for an adolescent and adult

Meal planning for a pregnant woman and lactating mothers Safety in Home

### UNIT III(12hrs)

**Personal Hygiene:** meaning – importance- different ways of maintaining personal hygiene **Cleanliness of Home and Surrounding** 

Management of Family Income: Definition, Types of Income, Ways of improving the income of the family.

**Family Budgeting**: Meaning and Definition of budget -Importance of budgeting- Steps in Family budgeting

#### UNIT IV(12hrs)

#### **Ethics in Daily life Consumer Rights:** meaning and types of consumer rights **Nutritional factors in selected diseases**

- > Cardiovasculardiseases
- ≻ Cancer
- ➤ Obesity
- > Diabetes

#### **Nutrition Education**

- Concept of NutritionEducation
- Planning of Nutritional educationprogramme
- Techniques of Nutrition Education

- 1. Varna Mathur & Agarwal 1996 Child Nutrition Problems and Prospects. Jaipur; Ina ShreePublishers
- 2. Gopalan C. B.V. Rama Sastri& S.D. Balasubramani, 1993- Nutritive Value ofIndian Foods. National Institute of Nutrition Hyderabad
- 3. Reddy S.R. 1997 Teaching health and Nutrition, New Delhi, Common Wealth Publication
- Soundaraj Stella 1996- Text Book of Household Arts 4<sup>th</sup> Edition New Delhi Orient LongmanLtd
- 5. M.A. Varghese Ogale K Srinivasa- Home Management, New Delhi New age International PvtLtd
- 6. Mann Mohendrir K.I. Mann 1985 Balaram Home Management for IndianFamily; Bombay sethpublishers
- 7. Mulleck, Prematha 1983- Elements of Home Service New Delhi KalyaniPublishers
- 8. C. Raj Kumar, K. Chockalingam- Human Right Justice and constitutional empowerment Oxford University Press2007
- 9. Dr. Bhanwar Lal Harsh, Human Rights Law in India Protection and Implementation of the Human Rights act 11993, Regal Publication New Delhi2008

#### SECOND SEMESTER BSW-CBCS DEVELOPMENTAL PSYCHOLOGY Code: BSWSCE 186

| TheoryMarks        | 40 |
|--------------------|----|
| InternalAssessment | 10 |
| Teachinghours      | 24 |

#### **OBJECTIVES**

- To acquire knowledge aboutPsychology
- To understand the concept of HumanBehavior
- To understand the concept of LifeSpan
- To understand the causes for BehavioralProblems

#### UNIT I(4hrs)

#### **Introduction to Psychology**

- Concept, Meaning and Definition
- Branches of Psychology
- Relationship between Psychology and SocialWork

#### UNIT II(8hrs)

#### Introduction to Developmental Psychology

- Developmental Psychology- Meaning ,Definition
- Concept of Growth and Development
- Biological bases for Human Behavior- Heredity, Environment

#### UNIT III(6hrs)

#### Stages of Life span -I

• Meaning and characteristics- Infancy, childhood and adolescent **UNIT IV(6hrs)** 

#### Stages of Life span -II

• Meaning and characteristics: Adulthood, Middle age and Oldage

- Developmental Psychology- A life Span Approach by Elizabeth BHurlock
- Child development Elizabeth BHurlock
- Introduction to Psychology K SNataraj
- Bringing up a dream child- JuliAgarwal, Publishers Unicorn Book Pvt. Ltd. New Delhi

## SECOND SEMESTER BSW- CBCS DISASTER MANAGEMENT Code: BSWSCE 187

| TheoryMarks        | 40 |
|--------------------|----|
| InternalAssessment | 10 |
| Teachinghours      | 24 |

## **OBJECTIVES**

- To understand the concept and types of disaster
- To enhance the skills for disastermanagement
- To know role of various agencies in DisasterManagement

#### UNIT-I(6hrs)

**Disaster:** Concept, definition, classifications, typesand Impact of disaster **Disaster Management**: Concept and Definition

#### UNIT - II(6hrs)

#### **Disaster Management Cycle:**

- Pre disaster management stage- Prevention, preparedness andeducation
- Post Disaster Management stage Response, rescue, relief, rehabilitation and reconstruction

## UNIT III(6hrs)

• Mitigation: guiding principles of Mitigation, Mitigation measures, riskManagement, vulnerability analysis, risk reducing measures, formulation and implementation of mitigationprogramme

## UNIT IV(6hrs)

- Role of Government, NGO'S and Voluntary agencies in DisasterManagement
- Role of Social worker in DisasterManagement

- 1. Krishna S. Vasta The Bhuj earthquake 2001- Identification of priority issues, World Institute for disaster risk management, Alexzandria, USA2001
- 2. James Mann- Power, poverty and poison; disaster and responses in an Indian city, sage publication, New Delhi 1993
- 3. Naseem Ahamad- Managing disasters, Kilaso books New Delhi,2003
- 4. Dr. AqueilAhamad- Disaster Management-preparedness, response, ASCI and ARTIC, Hyderabad, 1981

## THIRD SEMESTER BSW BSWBWC 231-SOCIAL GROUP WORK

| TheoryMarks        | 80 |
|--------------------|----|
| InternalAssessment | 20 |
| Teachinghours      | 48 |

### **OBJECTIVES**

- To understand group as an instrument of change
- To foster an understanding of the basic values and group relationship in Social Group work
- To develop skills of working withgroups
- To promote understanding of dynamics ingroups
- To develop self-awareness in dealing with individuals in the group

#### UNIT I (8 hrs)

#### Social Group Work

Principles of Social Group Work, Values in Social group Work, Process of Group work, Skills of Social Group Work

#### UNIT II (12 hrs)

#### **Stages of Group Development**

Forming, Storming, Norming, Performing and adjourning **Dynamics in group process:** Bond, Subgroup, Isolate, Group Conflict, Leadership, Newcomer, Scapegoat

#### UNIT III (16 hrs)

#### Various Helping Media in Social Group Work

Relationship between Group Members Verbal Communication Non-verbal communication Purposeful choice and creation of Environment.

Recording in Group work: Need and Importance

## UNIT IV (12 hrs)

Types of group: Remedial Group, Task Group, Growth group

#### Camp as a programme media

Purpose Planning a camp Advantage

- 1. Corey, Marianne S and Gerald Corey Groups: Process and Practices: California Books/Cole2002
- 2. Donelson R. Forsyth- Group Dynamics4<sup>th</sup> Edition. New Delhi: Wadsworth 2009
- 3. Friedander, Walter A. Concept and Methods of Social Work; New DelhiPrentice Hall of India1977
- 4. Gutierrez, Lorraine M and Parsons Ruth J- Empowerment in Social WorkPractice. Boston: Brooks/Cole1988
- 5. Hoffman, Kays Sallee and Allvin L Social Work Practice: Bridges to change Boston: Alyn and Bacon1994
- 6. Konapka, Gisela, Social Group Work, A Helping Process : New Jersey, PrenticeHall 1972
- 7. Mudgal S.D. Social Work Education Today and Tomorrow : Jaipur Book Enclave 1997
- 8. Rameshwari Devi and Ravi Prakash- Social Work Practice: Jaipur MangalDeep Publications2001
- 9. Siddiqui H.Y Group Work- Theories and Practices: Jaipur: Rawat Publications, 2008
- 10. Stroup Herebert Hewitt: Social Work: An Introduction to Field 2<sup>nd</sup>Edition.New Delhi: Eurasia Publishing House 1960
- 11. TreckerHarleigh B.- Social Group Work: Principles and Practices. New York Association Press1975

## THIRD SEMESTER BSW BSWBWC 232- EARLY STAGES OF HUMAN DEVELOPMENT

| TheoryMarks        | 80 |
|--------------------|----|
| InternalAssessment | 20 |
| Teachinghours      | 48 |

#### **OBJECTIVES**

- To develop an understanding of the characteristics and developmental stages of humanlife
- To develop an understanding of behaviour at different stages of development and the needs and tasks of theperiod

#### UNIT I (10 hrs)

Introduction to Psychology Meaning, Definition and Scope of Psychology. **Developmental Psychology** : Definition and Nature of Developmental Psychology Significant facts about Development; Distinction between Growth and Development **Determinants of Human Growth and Behaviour, Heredity and Environment** 

#### UNIT II (12 hrs)

#### **Prenatal Period**

How life begins: Conception: Heredity Endowment-Determination of Sex Germinal stage- Embryonic stage- Foetal stage

#### Factors influencing Prenatal Development

Internal and External factors

Stages of Child Birth Process, Types of Birth and its consequences

## UNIT III (14 hrs)

**Post- Natal Period** 

Conditions influencing adjustment to Postnatal life : Parental attitude, Post-natal care **Infancy** 

Characteristics of Infancy Major adjustments of Infancy, Physical and Psychological hazards **Babyhood:** Characteristics of Babyhood, Physical development, Muscle and Motor control, Speech Development, Hazards of Babyhood

#### UNIT IV (12 hrs)

**Early Childhood:** Characteristics of Early Childhood, Role of Preschool Education, Importance of Early Developmental stage Late Childhood: Influence of School, Social Grouping & Social behavior, Hazards of childhood.

- 1. Bhatia, Hans Raj- Elements of Psychology: Bombay Somaiya Publication1970
- 2. Berk Laura- Child Development; New Delhi Pearson Prentice Hall2007
- 3. Chakravarthy Madhumita- Child Psychology, New Delhi, Common wealth Publishers2005
- 4. Engler, Barbara- Personality Theories: an Introduction; Boston: Houghton Mifflin Company1991
- 5. Hurlock, E.B. Developmental Psychology: A life Span approach 5<sup>th</sup> edition; New York: Tata McGraw Hill Publishing Co. Ltd1999
- 6. Jafar Mohamud- Development Psychology. New Delhi ; APH Publishing corporation2004

## THIRD SEMESTER BSW **BSWBWC 233- HEALTH CARE**

| Theory Marks        | : 80 |
|---------------------|------|
| Internal Assessment | : 20 |
| Teaching hours      | : 48 |

### **OBJECTIVES**

- To develop an understanding of the Holistic concept of Health
- To develop an understanding of the Health situation inIndia
- To promote healthy lifestyle

#### UNIT I (10hrs)

Health- Meaning, Definition and Dimensions of Health **Determinants of Health Indicators of Health** 

Introduction to systems of medicine: Ayurveda, Alopathy, Homeopathy, Naturopathy and Unani

#### UNIT II (12 hrs)

Concept of Health Care: Meaning andLevels of Health Care

Primary health care: meaning- Principles of Primary health care

**Elements of Primary Health Care** 

HealthStatus and Problems in India

#### UNIT III (12 hrs)

#### First aid during emergency - concept of the first aid box

Objects in the ear, nose, eye, Burns, Electric shock, lightning ,Fainting, epilepsy, Suffocation drowning, choking, Fractures fall and bandages

UNIT IV (14 hrs)

#### **Health Services**

National, State, District, Taluk and PHC levels. National Health Programmes: NRHM, NACO, RCH

National and International Organizations working for Health: WHO, Academy for severe handicaps and Autism (ASHA)

Role and functions of Social Worker in Health care

- 1. Mangala, S.K.- Educational Psychology for B.Ed Correspondence and Regular students. Ludhiana: Tandon Publications2006
- 2. MalayalaManorama, Manorama Yearbook 2014, Kottayam
- 3. Mathur J.S. Introduction to Social and Preventive Medicine. Mumbai: Oxfordand IBH Publishing Co1971
- 4. Murthy N.A. and Pandey D.P. Ayurvedic curefor common diseases. New Delhi OrientPaperbacks
- 5. Palmer, Stephen and Cary Cooper- How to deal with Work Stress; The SundayTimes 2006
- 6. Park K. –Park's Text Book of Preventive and Social Medicine ; Jabalpur M/S Banarasidas2009
- 7. Pillai, Rajendra- Youth and Druggs; Mumbai: Better Yourself Bookds1997
- 8. Priyadarshini Laughter Club International- Information Guide to Hasyayag Laughter Therapy; Mumbai: PriyadarshiniAcademy
- 9. Swarnakar, Keshav Community Health Nursing; Indore NR Brothers Publishers, 2009
- 10. Thapur G.D.- All you need to know about Heart Attack . Hyderabad: Pustak Mahal 2009
- 11. Tribhuvan, Robin D Studies in Tribal Rural and Urban Development Vol 2; New Delhi: Discovery Publishing House2000
- 12. Journals: Health, Health Action; Health Herald; Swasth Hind; Women's Health Journal

## THIRD SEMESTER BSW BSWBWC 234-NON FORMAL EDUCATIONS

| TheoryMarks        | 80 |
|--------------------|----|
| InternalAssessment | 20 |
| Teachinghours      | 48 |

#### **OBJECTIVES**

- To develop a critical understanding of formal education in India and the need for non-formaleducation
- To understand the magnitude of the problem of illiteracy in India and government efforts at eradicatingilliteracy
- To understand the need and role of adult and continuingeducation

## UNIT I (12 hrs)

**Education**: Meaning, Definition and Importance of Education, Objectives of Education, Four Pillars of Learning – UNESCO Document, Channels of Education: Informal, Formal and Non-formal

## Formal Education in India

Historical perspective; British and Post-Independent Periods Critical Evaluation of Formal Education in India DeschoolingMovement: Concept, Ivan Illich and Deschooling Society

#### UNIT II (12 hrs)

**Non-Formal Education (NFE)**-Definition, Objectives, characteristics and scope. Clientele of NFE, Agencies of NFE

NFE in India: Need for NFE in India.

Non-formal Educator ;Role of NFE educator or instructor, Qualitiesof an Educator

## UNIT III (12 hrs)

**Illiteracy in India**:Definition of Literacy, Causes of illiteracy, Eradication of illiteracy-Govt. Efforts before and after Independence

National Literacy Mission: Concept of Functional Literacy

Adult Education: Meaning and scope, Characteristics of Adult learners, Principles of Adult Learning, Adult Education in India

## UNIT IV (12hrs)

**Continuing Education**:Concept of continuing Education, Post-literacy and Continuing Education

**Non- Formal Education for Children and Youth:** Situation of Children in India ,NFE for preschool children , NFE for working childrenNFE for Youth

**Non- Formal Education for Women :**Characteristics of NFE for women, NFE Programmes for Women

- 1. Chandra, Arvinda and Anupama Shah- Non-formal Education for all; New Delhi Sterling Publishers Pvt Lited1987
- 2. Mohanty, S. B- Non-formal Education ; Allahabad: Chug Publications1985
- 3. Mohanty Jaganath 2<sup>nd</sup>Edition- Adult and Non-formal Education; NewDelhi Deep and Deep Publications 2002
- 4. Mookerji, Radha Kumud- Ancient Indian Education: Brahmincal and aBuddhist; New Delhi Cosmo Publications1999
- 5. Nagappa T.R. and H. R. Chandravandana Rao Towards Total Literacy. New Delhi: Vikas Publishing House Pvt Lted1997
- 6. Pnadya, Rameshwari- Adult and Non Formal Education. New DelhiGyan Publishing House2010
- 7. Pillai P. Ramachandra- Non formal Education. Hyderabad: Neelkamal Publication Pvt Ltd2002
- 8. Ssingh R.P Non-formal Education: An alternative Approach. New Delhi SterlingPublishers Pvt Ltd1987
- 9. Journals: Journal of Higher Education: UGC; New Frontiers inEducation : Inernational Journal of Education

#### THIRD SEMESTER BSW- CBCS INDUSTRIAL SOCIAL WORK BSWSCE 236

TheoryMarks40InternalAssessment10Teachinghours24

#### **OBJECTIVE**

- To know the meaning and scope of industrial socialwork
- To study the relevance of social work inindustries
- To understand the role of social worker inindustries

#### UNIT – I (4 hrs)

Industrial social work – Meaning, need and scope Methods of social work and its application in industries

#### UNIT – II (8 hrs)

**Labour**– meaning and characteristics; categories of industrial labour and their problems **Labour welfare**: Concept, Definition, Objectives and Principles; Statutory and non-statutory welfaremeasures; intramural and extramural welfare measures; Labour Welfare Officer – legal status, qualification, role andfunctions

#### UNIT – III (6 hrs)

Industrial Relations – concept, definition, objectives and scope. **Grievance** – concept, definition, causes and impact; methods of identifying grievance; grievance handling procedure.

#### UNIT – IV (6 hrs)

Employee Education – concept; objectives and programmes of Central Board for Workers' Education; Employee Health Care and Safety – concept and statutory provisions; Employee Counseling – concept, objectives, scope; qualities and characteristics of an effective counselor

#### **Reference:**

- 1. Anand Sirohi, *Encyclopaedia Social Welfare Modern Perspective on SocialWork*, Dominant Publishers and Distributors, New Delhi
- 2. Desai M.M., Industrial Social Work, TISS, Mumbai, 1979
- 3. Mamoria C.B., Sathish Mamoria and Subba Rao P., *Dynamics of Industrial Relations*, Himalaya Publishing House, Mumbai,2017
- 4. Moorthy M.V., *Social Work Methods and Fields*, Karnataka University, Dharwad, 1974
- 5. Rameshwari Devi and Ravi Prakash, *Social Welfare Administration Methods and Research*, Mangal Deep Publications, Jaipur, 1998
- 6. Sarma A.M., *Aspects of Labour Welfare and Social Security*, Himalaya Publishing House, Mumbai, 2011
- 7. Sarma A.M., *Industrial Jurisprudence and Labour Legislations*, Himalaya Publishing House, Mumbai,2004

#### THIRD SEMESTER BSW- CBCS SCHOOL SOCIAL WORK BSWSCE 237

TheoryMarks40InternalAssessment10Teachinghours24

#### **OBJECTIVES**

- To develop an understanding of school socialwork.
- Understanding the historical evolution of School socialwork.

#### UNIT-I (6 hrs)

School Social work :Meaning and Concepts, Historical evolution of school social work in India

Systems of School Social Work: Child system, Family System, School system, Community System

#### UNIT-II (8hrs)

School concepts, Classification & features ofschools.

**School Administration:** Meaning and Concepts, Administrative structure of schools, Role and Responsibilities of HM.

School Development and Monitoring Committee: Meaning and functions SDMC, School committees

**Current Government Programmes in school** 

#### UNIT-III (6 hrs)

**Pupil related Problems: Causes and Interventions:** Absenteeism and Dropouts, Behavioural problems, Disability problems, Drug addiction, Health Related problems: Physical and psychological, Scholastic problems, Children in conflict with law

#### UNIT-IV(4 hrs)

#### Role, Skills and functions of School Social worker Pupil Rights & Legislations

Child Rights, Right to Education Act 2009, POCSO Act 2012, J.J Act2015

#### **Reference :**

- 1. A.E., The field of Social Work, Henry Holt and Co., NewYork.
- 2. Nordshog, J.E and Others, Analysing Social Problems, The Dryden Press, NewYork
- 3. Planning Commission Social Welfare in India, Planning commission, Governmentof–India, NewDelhi
- 4. Misra, P.D., Social Work Philosophy, Intu India Publication, NewDelhi.
- 5. Mangal. S.D., An Introduction to Social Work, Book Enclave, Japa

#### FOURTH SEMESTER BSW BSWBWC 281-SOCIAL CASE WORK

## TheoryMarks80InternalAssessment20

Transland Assessment 20

## Teachinghours 48

## **OBJECTIVES**

- To develop knowledge and understanding in working withindividual
- To foster skills on interviewing and recording in Social CaseWork
- To enable students to use supportive techniques which dealing withindividual

## UNIT I (12hrs)

Social Case Work: Concept of Social case work, Principles of Social case Work Tools of Social Casework: Observation, Listening, Home visit, Collateral contact, Interview (Purpose) Recording, Relationship- Transference and counter transference Interview in Social Case Work: Basic Rules, Specific Skills, Essential Qualities

## UNIT II (12hrs)

**Components of Social Case work:** Person; Problem; Place; Process **Social Case Work- Problem Solving Process:** Intake, Fact finding, Analysis and Assessment

Diagnosis, Treatment, Termination, Evaluation and follow-up

## UNIT III (14hrs)

**Social Case work Intervention:** Meaning of intervention, Principles of Intervention Categories of Intervention: Direct Intervention, Environmental Modification, Administration of a Practical

**Supportive Techniques**: Acceptance, Assurance, Facilitation of Expression of Feeling, Encouragement and Reassurance, Being with the Client, Allying feelings that are overpowering, Accrediting and building of Self confidence, Enhancing Information and Knowledge

## UNIT IV (10hrs)

**Social Case Work Practice:** Characteristics of Social Case Work Practice **Role of caseworker**: Enabler, Facilitator, Resoursemobilize and guide.

- 1. Sanjay Battacharya 2004, Social Work, an integrated approach, Deep and Deep publication Pvt Ltd Delhi 110027
- 2. Mudgal S.D. 1997, An introduction to Social Work, Jaipur BookEnclave
- 3. P.D. Misra, BeenaMisra 2004, Social Work Profession in India, New Royal Book Co. Lucknow
- 4. Upadyay R. K Social Case Work, Jaipur Rawat Publication2003
- 5. Mathew Grace- An Introduction to Social Case Work, Mumbai Tata Institute of Social Sciences1992
- 6. Pearlman, Helen Harris –Social Case Work Relationship : a Problem Solving Process London: The University of Chicago Press1967

#### FOURTH SEMESTER BSW BSWBWC 282- LATER STAGES OF HUMAN DEVELOPMENT

TheoryMarks80InternalAssessment20Teachinghours48

#### **OBJECTIVES**

- To understand the characteristics and behavior of individuals at different stages of development from Puberty to Oldage
- To develop an understanding of the concept of personality and factors affectingit
- To acquire knowledge of various schools of thought with reference to Personality Development

#### UNIT I (10hrs)

Puberty: Physical changes and its effects, Behavioural changes

Adolescence: Period of Storm & Stress, Identity Crisis, Peer Group Influence Family Frictions, Social Relationship & Sexuality; Development of Sexual Identity, Role of Professional Social Workers in dealing with problems of adolescence

#### UNIT II (14hrs)

Adulthood: Characteristics, developmental tasks, Adjustments: Vocational and Marital, Hazards: Social, Vocational and Marital

**Middle Age:** Characteristics, Adjustment in family, Widowhood, Preparation for Old age **Old age:** Characteristics, Adjustments, Hazards

#### UNIT III (14hrs)

**Theory of Personality:** Freud's PsychoAnalytical Theory: Id, Ego and Super Ego **Personality Development**: Meaning of Personality, Dimensions of Personality, Factors affecting personality

#### UNIT IV (10hrs)

**Tools of Personality Assessment:** Psychometric Test, Rating Scales, Questionnaires, Projective Techniques

Defense Mechanism: Concept, Meaning and Types of Defense Mechanism

- 1. Agochiya, Devendra Life Competencies for Adolescents. New Delhi: Sage Publications2010
- 2. Berk E Laura- Child Development. 7th edition. New Delhi: Pearson2007
- 3. Chaturvedi, Ramesh- Encyclopedia of Guidance and Counseling. New DelhiCrescent publication Corporation2008
- 4. Dusek Jerome B- Adolescent Behaviour and Developent: New York: Science Research association1977
- 5. Feldman Robert S Understanding psychology 4<sup>th</sup> edition New York: Tata McGraw Hill Publishing Co Ltd1997
- 6. Garden Iraj- Human Development. Bombay: D.B. Taraoreval Sons Co Pvt Ltd1970
- Hurlock, Elizabeth B Developmental Psychology 3<sup>rd</sup> Edition. New York Tata McGraw Hill Publishing Co Ltd 1997
- 8. Nand V.K. Developmental Psychology . New Delhi Surjeet Publications2004
- 9. Sharma R.N. Developmental Psychology. New Delhi SurjeetPublication

#### FOURTH SEMESTER BSW BSWBWC 283-HEALTH EDUCATION

TheoryMarks80InternalAssessment20Teachinghours48

#### **OBJECTIVES**

- To understand the common misconceptions, attitudes and practices related to health problems
- To develop knowledge and skills for improving the status ofhealth

#### UNIT I (12hrs)

**Health Education:** Meaning, definition, aims and objectives, Principles of Health Education **Methods in Health Education:** Individual approach, Group approach, Mass approach **Mental health and Mental illness**: Concept, Myths and misconception about mental illness

#### UNIT II (14 hrs)

**Communicable Diseases:** Modes of disease transmission, Principles of disease control and prevention

**Respiratory Infections:** Agent, Host, Symptoms, Incubation period, Mode of Transmission, **Prevention of:** Chickenpox , Measles, and Tuberculosis

#### UNIT III (12 hrs)

**Intestinal Infections:** Agent, Host, Symptoms, Incubation Period, mode of Transmission, **Prevention of** Poliomyelitis - Viral Hepatitis - Diarrhoea - Typhoid Fever- Hookworm infection

**Arthropod-borne infection**: Agent, Host, Symptoms, Incubation Period, mode of Transmission, Prevention of - Dengue Fever ; Malaria, andChikungunya

#### UNIT IV (10 hrs)

**Surface Infection**- Agent, Host, Symptoms, Incubation Period, mode of Transmission, **Prevention of:** Tetanus, Leprosy

Sexually Transmitted Disease: Syphilis, Gonorrhea and HIV/AIDS

- 1. Ghai O.P- Management of Primary Health care. New Delhi Interprint1985
- 2. Goel S.L. Health Care Administration: Levels and Aspects. Bangalore: Sterling Publishers Pvt Lld 1984
- 3. Govt of India: India Year book 2014, New Delhi Ministry of Information and Broadcasting
- 4. Jongeward, Dorothy and James Murich- Winning Wasy in Health care. London Wesley Publishing house1981
- 5. MalayalaManorama: Manorama Year Book 2014Kottayam
- 6. Mathur J.S. Introduction to Social and Preventive Medicine. Mumbai Oxford and IBH Publishing Co1971
- 7. Park K -Park's text book of Preventive and Social Medicine. Jabalpur M/S Banarasidas2005
- 8. PustakMahal.-Pocket Health Guides NewDelhi
- 9. Ramachandran L and Dhamalingam J. Health Education : A newApproach.

#### FOURTH SEMESTER BSW BSWBWC 284- EDUCATION FOR SOCIAL CHANGE

TheoryMarks80InternalAssessment20Teachinghours48

#### **OBJECTIVES**

- To analyze the Indian Situation and examine the role of education for socialchange
- To understand the various approaches of education and non-formal education in the Indiancontext
- To develop skills and techniques for effective teaching

#### UNIT I (10hrs)

**Social Change**: Meaning and Characteristics, **Factors of Social Change**: Biological, Geographic, Cultural and Technological,

**Indian situational analysis:** Basic facts and contradictions,Socio- economic situation, Cultural Situation,Political Scenario

Education and Social Mobility: Concept of Social Mobility, Education for social mobility

#### UNIT II (14hrs)

**Paulo Freire's Pedagogy:** Banking concept of Education, Methodology of Freire, Conscientization Process

**Need for Equalization of education opportunities:** Problems, causes and remedial measures suggestions

Role of Education in social change

Street Theatre: Elements of Street theatre, Street Theatre for conscientization

#### UNIT III (14hrs)

**Methodology of Education**: Overview of Teaching Methods, Learning and stages of learning

**Teaching Aids:** Chalkboard, Flash cards, Flip Charts, Flannel Graphs, LCD, advantages and Limitations

Role Play: Meaning and Procedures, Uses of Role Play

Puppetry: Role, Types and Uses of Puppetry

#### UNIT IV (10hrs)

Simulations: Simulations and Games, Uses and Limitations of Simulations Group Discussion: Procedures, Advantages and Limitations Brainstorming: Rules of Brainstorming, Steps in Brainstorming, Advantages and Limitations

- 1. Dahama O.P. & O.P. Bhatnagar- Education and Communication for Development. New Delhi Oxford & IBH Publishing co1985
- 2. Dash M Education in India: Problems and perspectives. New Delhi. Atlantic Publishers and Distributors2000
- 3. Rao, C.N. Shankar, Sociology, New Delhi; S. Chand and Company Ltd1993
- 4. Desrochers, John Education for Social Change, Bangalore. CSA Publications, 1987
- 5. Dietrich Gabriele & Bas Wielenga- Towards Understanding Indian Society. Madurai: Tamilnadu Theological Seminary1997
- 6. Freire, Paulo- Pedagogy of the Oppressed. Penguin Education 1974
- 7. Kochhar S.K. Methods and techniques of teaching. New Delhi: Sterling Publishers Pvt Ltd 1990
- 8. Mali M.G.- Adult Education in India. New Delhi Deep & Deep Publishers1984
- 9. Shah B.V. and K.B. Shah Sociology of Education. Jaipur, Rawat Publications1998
- 10. Shah, Anupama and Uma Joshi- Puppetry and Folk Dramas for Non-formal education. New Delhi: Sterling Publishers Pvt Ltd1992

#### FOURTH SEMESTER BSW- CBCS Personality Development Code :BSWSCE 286

| TheoryMarks        | 40 |
|--------------------|----|
| InternalAssessment | 10 |
| Teachinghours      | 24 |

#### **OBJECTIVES:**

- To get oriented towards the basics of personality
- To acquire knowledge regarding personalitydevelopment
- To understand the factors influencingpersonality

#### UNIT-I (6hrs)

**Introduction to Personality:** Meaning-definition, dimensions of personality, Determinants of personality-Factors affecting personality, Basic Personality traits, Types of personality

#### UNIT II(6hrs)

**Personality Development:** Development of personality –concept of adjustment and maladjustment, Theories of personality-Freud's psychoanalytical theory and Erickson's psychosocial theory

#### UNIT-III(6hrs)

Leadership- Meaning and Definition –Types- Factors contributing for the development of leadership

#### UNIT-IV(6hrs)

Attitude- Concept, significance, Factors affecting Attitude Motivation- Concept – Significance- Internal and External motives- Factors affecting Motivation

Need- Concept- Maslow's hierarchy of needs

#### REFERENCE

1. Covey Sean, Seven Habits of Highly Effective Teens, New York, Fireside Publishers, 1998.

2. Carnegie Dale, How to win Friends and Influence People, New York: Simon & Schuster, 1998.

3. Thomas A Harris, I am ok, You are ok , New York-Harper and Row, 1972

4. Covey Sean, Seven Habit of Highly Effective Teens, New York, Fireside Publishers, 1998.

8. Carnegie Dale, How to win Friends and Influence People, New York: Simon & Schuster, 1998.

#### FOURTH SEMESTER BSW- CBCS PROJECT PLANNING AND MANAGEMENT BSWSCE 287

TheoryMarks 40

InternalAssessment 10

#### Teachinghours 24

**OBJECTIVES:** 

- To gain knowledge about concept, components and various types of projectplanning
- To understand the process of projectplanning
- To acquire the knowledge of designing projectproposal

#### UNIT I(4hrs)

**BASICS OF PROJECT MANAGEMENT:**Introduction, Meaning and definition of Project Management, Need for Project Management,ProjectManagementPrinciples

#### UNIT II(6hrs)

**PROJECT MANAGEMENT PROCESSES:** Project Initiation, Project Planning, Project Execution, Project Monitoring and Control –PERT and CPM, Project Evaluation – Types and Methodology – Appraisal Report- Social Audit

#### UNIT III(6hrs)

#### **RESOURCE MOBILISATION AND MANAGEMENT:** Resources- Monetary And Non-Monetary

Concept of Fundraising – Meaning and Definition, Principles and Ethics in Fundraising, Strategies and tools for non-profit Fundraising, National and International Funding organisations

#### UNIT IV(8hrs)

# **Project Proposal** and **Project Report** – Types and Format **REFERENCE**

- Barker, S & Cole R: Project Management. What the best project managers know, do and say. Pearson Education Limited2009.
- Meri Williams: The Principles of Project Management. SitePoint Ltd.2008.
- Weinstein, Stanley 2009 : The Complete Guide to Fundraising Management ThirdEdition, New York: John Wiley & sons
- Stephen T.S1994 : Project Formulation for Voluntary Organisation, DC-Network, Bhubaneshwar
- Stevel. E. Pauley, Daniel G.Riordan Technical Report Writing Today AITBS Publishing & Distributors, India 5th edition –2000.
- Dr. William Wallace: Project Management. United Kingdom: Edinburgh Business School Heriot WattUniversity

#### FIFTH SEMESTER BSW BSWBWC 331-SOCIAL CASE WORK WITH FAMILIES

Theory Marks : 120InternalAssessment: 30Teachinghours56

#### **OBJECTIVES:**

- To understand family complexities, their interrelatedness and impact on individuals and families
- To develop an understanding of changing factors of family life and workbalance
- To facilitate students to work towards Family LifeEnrichment
- To enable students to develop skills of intervention

## UNIT I (16 hrs)

**Understanding the dynamics of family:** Family cohesion, Family communication, Family role performance, Family decision making Family adaptability

**Family Complexities:** Impact of Family Complexity on Children, Problems faced by parents in the family, Problems faced by the spouse in the family.

**Social Work with Elderly:** Understanding the unique characteristics of the elderly, Attitude and skills of social worker in dealing with elderly

#### UNIT II (12 hrs)

**Balancing Family and Wor**k: Gender equality in work, Work place stress, Causes and effects for occupational stress

**Role of Family Conflicts:** Gender based division of labour, Problems of working women **Factors of family life work balance:** Innovative strategies for work life balance, Social support system

#### UNIT III(14 hrs)

**Parents in need of professional help:** Over protective parents, Alcoholic parents, Divorced parents

**Scope of Work towards Family Enrichment:** Need for family life education; Counseling – Definition, skills and techniques in counseling, General characteristics of an effective counselor

**Family Intervention:** Meaning of Intervention, Major areas of family intervention, Goals for Family well-being

#### UNIT IV (14 hrs)

Social work intervention with children and Youth

**Major areas of child neglect:** Nutritional neglect, Homelessness, Neglected health care, Educational neglect, Inadequate Supervision, Inadequate nurturance love, affection and support

**Understanding Life style related problems of youth:** Concept of Risk behavior, Substance abuse, Alcohol, Tobacco use, Sexual behavior, Injuries and violence, Stress and Mental Health

- 1. Butler Ian and Gwenda Roberts- Social work with children and Families Getting into practice. London: Jessica Kingsley publishers1997
- 2. Davey Jill and Jenny Bigmore- Introducing Child Care Social Work: Contemporary Policy and practice. Exeter, learning matters Ltd2009
- 3. Desai Murali- Family and Intervention: A course compendium. Bombay TATA Institute of social sciences1994
- 4. Ginott Haim G- Between Parent and Child. New York. Macmillan1967
- 5. Howard, Dubowilznd Diane Depanfell Hand book for Child Protection Practice. New Delhi Sage Publications2000
- 6. Kate Sapin- Essential Skills for Youth work practice. New Delhi Sage Publications 2009
- 7. KhasgiwalaAruna- Family Dynamics; Social Work Prospective. New Delhi Anmol Publicaations1993
- 8. Mace David R Prevention in Family Services: Approaches to Family Wellness. New Delhi sage publication Pvt Ltd1985
- 9. Mantell Andy and Terry Scragg Safeguarding Adult in Social work Exeter: Learning Matters Ltd2008
- 10. Parad H and Coplan G- Crisis Intervention: Selected reading. New York: Family Association of America1983
- Schwatz Mary Ann and Barbara Marliene Scott: Marriages and Families 3<sup>rd</sup> Edition New Jersey Prentice Hall2000
- 12. TATA Institute of Social Sciences- Enhancing the role of the family as an Agency for social and economic development. Mumbai1994
- 13. Vasani J.P. Good Parenting New Delhi. Sterling Paperbacks2007

#### FIFTH SEMESTER BSW BSWBWC 332- SOCIAL WORK WITH COMMUNITIES

Theory Marks : 120InternalAssessment: 30Teachinghours56

#### **OBJECTIVES**

- To understand community Organization as a Method of SocialWork
- To developing values and attitudes appropriate to working with groups of people belonging to different cultural, religious, socio-economic and political background
- Todevelop understanding of community dynamics, power structures and conflicts situation that affect people incommunities

#### UNIT I (14 hrs)

**Introduction to Community:** Meaning, definition, Characteristics of a community, Functions of Community

**Rural and Urban communities:** Definition and characteristics of Rural and Urban communities

Differences between Rural and Urban community

Tribal Community: Concept of tribes, Characteristics, Problems of Tribal community

#### UNIT II (14 hrs)

**History of community work in In**dia: Colonial Rule; Rural Reconstruction Movement, Community development Projects and programmes, Panchayath Raj.

**Scope of Community work:** Meaning and scope of community work, Qualities of community worker, Knowledge needed for a community worker

#### UNIT III (14 hrs)

**Community Dynamics**:Caste and Classes In Communities; Gender Differences, Power Dynamics, Sub-Group Relationship, Organization and Association; Informal Groups; Social Conflicts, Apathy and Prejudices, Value System

**Methods and Techniques of community work:** Fact-finding, Survey Analysis, Planning, Implementation and Evaluation

#### UNIT IV(14 hrs)

**Need for community work in India** Relevance of Economic, social, political and cultural factors

PanchyathRaj: Meaning and Objectives, The Panchayath Raj system in Karnataka

- 1. Amit, H.R.- Participatory Approaches to Development. Mangalore: Institutefor Social Development2000
- 2. Biddle W.W. and Biddle I.J.- The community Development Process, New Yor, Holt, Rinehart and Winson1965
- 3. Desmond,D'Abreo From Development Worker to Activist. Mangalore :DEEDS 1989
- 4. Dahama O.P. and O.P. Bhatnagar- Education and Communication for Development. New Delhi: Oxford & IBH Publishing Co.,1985
- 5. Gangrade K.D. Community Orgnization in India. Bombay: Popular Prakashan1971
- 6. Goel S. L. and Rajaneesh Shalini- Panchayath Raj in India. New Delhi: Deep and Deep Publication2003
- 7. Henderson, Paul and David N Thomas Ed- Readings in Community work.London: George Allen and Unwim Ltd1981
- 8. Herper E.B. and A Dunham Community Organization in Action. NewYork Association Press1959
- 9. Sunder Irvin- Making Good Communities Better. Bombay: Allied Pacific PvtLtd 1953
- 10. Stephen T.S,- Project Formulation for Voluntary Organizations. BhubaneshwarPDC 1994

#### FIFTH SEMESTER BSW BSWBWC 333-SOCIAL WELFARE ADMINISTRATION

TheoryMarks120InternalAssessment30Teachinghours56

#### **OBJECTIVES**

- To develop an understanding of basic concepts of Social WelfareAdministration
- To express the ability to apply the basic principles of SocialWelfare
- To provide necessary knowledge of administration of WelfareOrganizations
- To develop an understanding of Organization as asystem

#### UNIT I (12 hrs)

**Conceptual frame work:** Social welfare and social service, Social welfare administration and Public Administration

**Social Welfare Administration**:Principles and Functions of Social Welfare Administration **Social Security Schemes**: Concept of Social Security, Social Insurance, Social Assistance, Public Assistance, Social Welfare Programmes of Government of Karnataka

#### UNIT II (16 hrs)

**National and International Welfare Organization**:Meaning and characteristics of welfare organization; Funding agencies: National and International

Registration of Welfare Organization: The importance and need for Registration

Provisions for various forms of Registration of welfare organization/N GO

Trust Act and Societies Act- Conditions and procedures required for Registration

Administration of Registered Welfare Agencies

Role and functions of General body

Role and responsibilities and function of office bearers

#### UNIT III (14 hrs)

**Central Social Welfare Board:** Objectives for setting up of CSWB; function and rule in society

State Social Welfare Advisory Board- function and role

**Grant-in-aid for social Welfare:** Concepts of grant in aid, Eligibility and procedure involved to get funding assistance from Internal and External organization

**Programmes and Schemes of the CSWB:**Holiday camp, Hostels for working women, Awareness generation projects, Condensed courses of education, Socio-economic programmes

Counseling programme

## UNIT IV (14 hrs)

Agency Administration: Concept of administration, Organization and Management Executive in Administration process: Responsibilities, function and role of Executive in the Administrative process

**POSDCORB:** Planning, Organising, Staffing, Directing, Coordinating, Reporting, Budgeting **Problems faced by Welfare Organization**: VO/NGO, Nature of programmes of NGO'S General and specific problems of voluntary and NGO's, Remedial measures

- 1. Bhattacharya Sanjay- Social Work Administration. Jaipur: Rawat Publication, 2006
- 2. Bhattacharya Sanjay- Social Work: an Integrated approach, Jaipur: Rawat Publication 2004
- 3. ChowdryPayl. D Social Welfare Administration. New Delhi: Atma Ram and Sons 1990
- 4. D hama O.P. Extension and Rural Welfare. Agra: Ram Prasad & sons1986
- 5. Dubey S.N.- Social Welfare Policy and Social Welfare Service . Bombay: TATA Institute of Social Sciences1972
- 6. Goel S.L.- Social Welfare Administration, Social Justice and Empowerment. Vol 1 & 2 New Delhi: Deep and Deep Publication Pvt Ltd2010
- 7. Johri P.K. -Social Administration. New Delhi: Anmol Publication2007
- 8. Mazumdar, Ammu Menon- Social Welfare in India. Bombay: Asian Publishing House1964
- 9. Patel A.K. and Debey M.V. Philosophy of Social Work. New Delhi: Crescent Publication Corporation2010
- 10. Rameshwari Devi and Ravi Prakash Social Work and Social Welfare Administration: Methods and Practices. Jaipur: Mangal Deep Publications1998
- 11. Ranjana Devi Social Welfare Administration. New Delhi: Omega Publications2009
- 12. Sachedeva D.R. Social Welfare Administration. New Delhi: KItab Mahal2009
- 13. Skidmore R.A Social Work Administration. Boston: Allyn &Bocan1995

#### FIFTH SEMESTER BSW BSWBWC 334- PROBLEMS OF INDIAN SOCIETY

TheoryMarks120InternalAssessment30Teachinghours56

#### OBJECTIVES

- To understand the nature of Poverty and its magnitude inIndia
- To develop the capacity to analyze problems, identify causes and the implications of these problems in relation to the individual, family and society
- To develop the capacity to review the existing development approaches of both the Govt and the Non-Govt Organizations

#### UNIT I (12 hrs)

**Poverty:** Meaning and definition of poverty, Types and Cause; Concept of Poverty line: meaning and definition

**Different approaches to understand poverty:** Absolute Poverty , Relative poverty , Basic need approach, Minimum Diet approach, Human Development Index (HDI) Human Poverty Index (HPI)

#### UNIT II (16 hrs)

**Responding to Poverty:** Poor relief, social protection, strategic intervention, prevention, indirect responses, Strategic approaches

**Govt Programmes**:Drought Prone Area Programme, National food for work programme, SGRY 2001 (sampoornaGrameenaRozgarYojna PMGSY 2000 (Pradhan Manthri Gram SadakYojna Annapurna Yojna 2001, PMGY 2000 (Pradhan ManthriGramodya yojana 2000**Approaches and strategies of NGO's**: Inclusive participation, Role of NGOs in poverty elevation

#### UNIT III (16 hrs)

**Unemployment:** Unemployment situation in India, General classification of unemployment Causes and remedies

**Responding to problems of unemployment:** Training programme- Govt and NGO'S Training of Rural Youth for Self employment (TRYSEM), NGO's in emerging selfemployment training programme, Employment Guarantee Programme in operation–based on MGNREGA 2005, Pradhan ManthriRojgar Yojana (PMRY), Swarna Jayanthi ShahariRojzgarYojana(SJSRY)

#### UNIT IV (12 hrs)

**Housing:** Concept and definition of housing, Current housing situation in India, Problems, Causes and Remedies

**Urban and Rural Housing Programmes:** HUDCO (Housing Urban Development Corporation) Indira AwaasYojna, Credit Cooperative society, SamagraAwaasYojna

- 1. Barreto D. The Indian situation. Bangalore CSA publication1998
- 2. Chaturvedi Pradeep Rural Energy for Sustainable Development: Technology and Environmental Issues. Concept Publishing Company1998
- 3. Dandekar V.M. and NilakanthaRath- Poverty in India. Poona: Indian School of Political Economy1971
- 4. Dewett K. K. and Varna J.D. Indian Economics. New Delhi: Chand and co., Pvt Ltd 2000
- 5. Dutt, Rudder and K.P.M. Sundaram- Indian Economics. New Delhi: Chand and co. pvtLitd2000
- 6. Gayathridevi K.G. and Rajasekar Good Governance and Poverty Alleviation: A study of SGSY programme New Delhi: Concept Publishing Co, 2007
- 7. Goel O.P. ed Role of NGO in development of Social system. Delhi Isha Books2004
- 8. Gosh .N., Poverty and Development The basic Issues. New Delhi Deep and Deep publications1993
- 9. Gupta K.R. Poverty in India. New Delhi: Atlantic Publishers2008
- 10. Maheswari, Uma and Khader Vijay Poverty, Household Food Scarcity and Nutrition in Rural Areas. New Delhi: Discovery Publication House2000
- 11. Mishra Rajdeep Voluntary Sector and Rural Development: Concept, Practiceand New approach to Remove Rural Poverty. Jaipur: Rawat Publication2008
- 12. Sharma Neeraj-Anti-Poverty Programmes in Rural India. New Delhi: Deep andDeep Concept Publication Co2006
- 13. Yadav BS., Deepak Kumar and Meena- Poverty in India: Concepts, Measurementand Alleviation. New Delhi: Shree Publishers and Distributors2010

#### FIFTH SEMESTER BSW BSWBWC 335-WEAKER SECTIONS OF INDIAN SOCIETY

TheoryMarks80InternalAssessment20Teachinghours56

#### **OBJECTIVES**

- To understand the historical factors contributing to the low status of weaker sections in the contemporarySociety
- To develop ability to analyse the social, economic and political situation ofweaker sections

#### UNIT I (14 hrs)

**Weaker sections:** Meaning, definition and classification, Historical factors that has contributed to the status of weaker sections

**Caste system**: Definition, Characteristics of Caste System, Factors for the growth of caste system, Advantages and Limitations of Caste system

#### UNIT II (14 hrs)

**Scheduled Caste:** Definition, problems of SC, Causes for low literacy among SC, Impact of education on SC, Entrepreneurial challenges for SC

#### UNIT III (14 hrs)

**Scheduled Tribe:** Definition, problems of ST, Causes for low literacy among ST, Position of Women among ST, Tribal Economy, Tribal culture

#### UNIT IV (14 hrs)

Bonded Labour- Definition, Problems and types of Bonded labour Agricultural Labourers- Problems Women- analysis of the conditions of Indian women Differently abled- Definition and Problems Senior Citizens- Challenges Transgender –Meaning, Types and Rights of sexual minorities

- 1. Bose, Kumar Nirmal Tribal Life in India. New Delhi:National Book Trust,1971
- 2. D'souzaLawrance- Koragas, A primitive Tribe of South India Mangalore: Kodialbail Press 2000
- 3. Frncis, D., and Chandu Subba Rao Development of Weaker Sections. Jaipur Rawat Publication2000
- 4. Govt of Karnataka A new Deal for Backward Classes in Karnataka1986
- 5. Jayapalan, N Indian Society and Social Institutions. New Delhi: Atlantic Publishers and Distributors2001
- 6. Kamble M.D Deprived Castes and their struggle for Equality. New Delhi Ashish Publishing house 1984
- 7. Khan Mumtaz Ali Scheduled Caste and their Status in India. New Delhi Uppal Publishing house 1980
- 8. Kumar A Tribal Development in India. New Delhi: Sarup& sons2002
- 9. Patel, Tara- Development of Education among women. Delhi Mittal Publications1984
- 10. Prakash Nirupama- Scheduled Castes socio Economic Changes. Allalhabad: Chugh Publications 1984
- 11. Showeb M- Education and Mobility among Harijans. Vohra Publishers and Distributors1986
- 12. Verma G.P. Caste Reservation in India. Allahabad: Chugh Publications1979

#### FIFTH SEMESTER BSW BSWBWC 336-HUMAN RELATIONS AND SKILL DEVELOPMENT

TheoryMarks80Internal Assessment20Teachinghours56

#### **OBJECTIVES**

- To understand and apply human relation concepts while working with socially diverse groups
- To develop the necessary skills for social workpractice
- To inculcate positive attitude and understand its influence onbehavior
- To empower learners to effectively manage themselves for personal and professional advancement

#### UNIT I (14hrs)

Human Relations: Concept, importance and elements.

**Tools of Effective Human relations:** Conflict Management, , networking and negotiation, effective communication and counselling. Ways to improve the Human relations **Self-Concept and self Esteem**:Components, Difference between self-concept and self esteem

#### UNIT II (14 hrs)

Attitude:concept, Factors in Formation of attitude- family, society, values and beliefs, political and economic. Ways to Develop positive attitude

**Motivation**- Concept, Significance, Internal and External motives- Factors affecting Motivation, **Basic human needs**: Physical, psychological and Intellectual. Maslow's hierarchy of needs

#### UNIT III (14 hrs)

Skill Development:

Effective Communication-Verbal, non-verbal and written

**Leadership-** Meaning and Definition –Types- Factors contributing for the development of leadership

**Time Management**- Concept of Time Management, Importance of Time Management, Priority Management, Tips for Priority Management **Team Work**- Meaning, skills and process

#### UNIT IV(14 hrs)

#### **Stress and its Management:**

Concept of stress, Eustress and distress

Types of stress- Conflict, Pressure and Frustration; Impact of stress **Stress management-**Meaning, Techniques- Task and Defense oriented

- 1. Restogi Meenakshi, Human Relationship, Sonali Publications, NewDelhi
- 2. Human Relations, Journal- SAGE publications
- 3. Dr Alex K. Soft skills- know yourself and know the world, S. Chand and Company Ltd NewDelhi
- 4. Kuppuswamy B. An Introduction to Social Psychology, Media Promoters and Publication, Bombay
- 5. Coleman James c, Abnormal Psychology, Scott Foresman and Company
- 6. R.B. Rao Dr., and Subbarao S Dr., Vol 1, Skills for all, Satyam Publishers and Distribution Jaipur
- 7. Mangal S.K. Sterling Publishers Pvt Ltd, New Delhi Introduction topsychology
- 8. Prof P Nataraj, Psychology Part II, Srinivasa PublicationsMysore

#### SIXTH SEMESTER BSW BSWBWC 381-SOCIAL GROUP WORK WITH VARIOUS SETTINGS

TheoryMarks 120

InternalAssessment 30

Teachinghours 56

#### **OBJECTIVES**

- To enable students to develop knowledge and skills to work with variousgroups
- To facilitate interest and exposure towards creating Healthy workingEnvironment
- To develop personal skills in being effective Social GroupWorker
- To strengthen the quality of Team Spirit while working withgroups

#### UNIT I (14 hrs)

Specific Principles of Social Group work practice: Principles of creating a safe Environment in group setting, Principle of Conflict Resolution in groups
Work Environment: Skills required for creating work environment, Steps to create a positive work place, Ways to build a better group work environment
Problem Solving Sills: Concept, Failure to solve the problems effectively, Ways to solve problems

#### UNIT II (14 hrs)

**Group work practice with children:** Understanding the social environment of children **Formulating group work objectives for-**school children, street children and workingchildren, children in Residential Institution; Guidelines for selecting children for group work.

Play Therapy for Children: Concept, purpose and Benefits of Play Therapy

**Group work practice with Youth:** Formulating objectives to work with Youth, Counseling the youth

#### UNIT III (14 hrs)

**Group work practice with Women:** Objectives of Group work with Women with Special reference to SHG, Role of the Social Group worker

**Group work with unwed mothers**- concept, objectives and role of the group worker **Group work practice with elderly:** Understanding the unique characteristics of the elderly Use of support groups, Recreational groups

#### UNIT IV (14 hrs)

Group work with Differently abled: Concept, Objectives and role of the group worker Group work practice with Addicts: Concept, Objectives, Role of the Group worker Group work practice with HIV/AIDS affected person: Concept, Objectives and role of the group worker.

- 1. Allan Brown Group Work 3rd Edition England: Ashgate Publishing Co1994
- 2. Alphonse Xavier A text Book on Life coping Skills. Chennai: MCRDC publication 2004
- 3. Axline, Virginia Play Therapy . Boston: Houghton Mifflin1947
- 4. Balgopal R. and Thomas V. Vassil Groups in social Work AnEcological Perspective. New York: Macmillan Publishing Co1983
- 5. BanmalanGolpelwar- Social Group Work. Nagpur: Institute of Youth Welfare2007
- 6. Berry Juliet Social Work with Children. London: Routledge and Kegan Paul1972
- 7. Butler Ian and Gwenda Roberts Social Work with Children and Families: Getting into Practice. London: Jessica Kingsley Publishers1997
- 8. Pandey Veen Pani- Mental Retardation and Social responsibility. New Delhi Sumit Enterprises22004
- 9. Paranjkemalil John Progressive Parenting: The Definitive Resource Book.New Delhi: Pustak Mahal2008
- 10. Patel, Sarjoo and /Veena Candotra Ed. Ageing: An interdisciplinaryApproach. Jaipur Rawat Publications2011
- Reddy Suma Raryana Institutionalized Children. Allahabad: Chugh Publication 1989
- 12. Sapin Kate Essential Skills for Youth Work Practice. New Delhi: Sage Publications 2009
- 13. Steven R Rose Group Work with Children and Adolescents: Prevention and Intervention in school and Community system. New Delhi Sage Publication1998
- 14. Vaswani J P. Good Parenting . New Delhi: Sterling Paperbacks2007

#### SIXTH SEMESTER BSW BSWBWC 382-COMMUNITY ORGANIZATION AND DEVELOPMENT

| TheoryMarks        | 120 |
|--------------------|-----|
| InternalAssessment | 30  |
| Teachinghours      | 56  |

#### **OBJECTIVES**

- To understand different approaches in Community Organization and Community development
- To Develop an understanding of the role of Social Work in disasterManagement
- To understand the importance and methods of Participatory Rural Appraisal (PRA) in communitywork

#### UNIT I (12 hrs)

**Community Organization:** Meaning, definition, Objectives of Community organization Principles of Community organization, Community Organization techniques

#### UNIT II (14 hrs)

**Role of Community worker:** The role of Guide, The Enabler role, The Expert Role **Approaches for Community Organization:** Charity and welfare approach, Growth oriented approach, Transformative approach

#### UNIT III (16 hrs)

**Community Development:** Meaning and definition of community development Distinction between community development and communityorganization **Community Development programmes in India:** Objectives of Communitydevelopment programme, Basic characteristics of community developmentprogrammes

Project formulation: Project Description; Project Monitoring and Project Evaluation

#### UNIT IV (14 hrs)

**Disaster Management:** Meaning, types – Natural and manmade Impact of disaster Disaster Management

**Participatory Rural Appraisal (PRA)**: Meaning characteristics Techniques of PRA- Transect walk, Resource map, Venn diagram and Social mapping

- 1. Birmahaum F and Coplon J "Crisis Intervention after a Natural Disaster" Social case work Vol 54 No 9, 545-551
- 2. Datar Sudha et al Skills training for Social Workers: A Manual. New DelhiSage Publications India Pvt Ltd2010
- 3. Gangrade K.D. Community Organization in India. Bombay: PopularPrakashan 1997
- 4. Herper Ernest B & Arthur Dunham- Community Organization in Action; Basic Literature and Critical comments. New York: Association Press1959
- 5. King Clarence Working with the People in Community Action. New York Association Press1966
- 6. Kumar Somesh Methods for Community Participation; A complete Guide to Practitioners. New Delhi: Vistaar Publications2002
- 7. MeenaiZubaiar Participatory Community Work . New Delhi: Concept publishing Company2008
- 8. Mukherjee Amitava- Participatory Rural Appraisal: Methods and Applications in Rural Planning. New Delhi: Concept Publishing Company2004
- 9. Prakash Indu- Disaster Management: Societal Vulnerability to natural Calamities and Manmade Disaster Preparedness and Respnse. Ghaziabad: RastraPrahariPrakashan 1994
- 10. Singh R.B. Disaster Management. Jaipur Rawat Publications2000
- 11. Steve Myers- Social Work Making a Difference. Jaipur: Rawat Publications2009

#### SIXTH SEMESTER BSW BSWBWC 383-SOCIAL WORK RESEARCH AND STATISTICS

TheoryMarks120InternalAssessment30Teachinghours56

#### **OBJECTIVES**

- To develop ability to recognize and utilize Research as a problem solving processin Social workpractice
- To develop ability to utilize the Research process in terms of conducting a simpleand need basedsurvey
- To develop ability to function as a member of a research team, in the area ofdata processing in researchstudies
- To develop a scientific approach for a systematic procedure in the problem solving process

#### UNIT I (12 hrs)

**Meaning definition and scope:** Social research and social work research Research as a method of social work

Problem Identification:Steps and procedures

**Formulation of research problem:** Objectives and areas of study, Identification and definition of variables, Formulation of research hypothesis

#### UNIT II (12 hrs)

**Research Coverage:** Definition, meaning of the concept of 'population' or 'universe' **Sampling:** Concept and significance of sampling, Methods of sampling- probability and non probability sampling

#### UNIT III (16 hrs)

**Data collection:** Methods and tools of data collection, Observation – as method and tool (Chart preparation), Interview s a Method and tool (Interview schedule), Questionnaire as a method and tool (Administering Questionnaire)

**Data Processing**: Editing, Classifying, Coding and tabulation, Data analysis and interpretation of tables

Report writing: Principles, format of report

#### UNIT IV (16 hrs)

**Statistics:** Meaning of statistics, Use of statistics in social work research **Central Tendency**:

Arithmetic Mean: Characteristics of Mean, Use of application of Deviations and stepsdeviation methods

**Median:** Characteristics of Median, Computation of Median from discrete and continuous series

**Mode:** Characteristics of Mode, Computation of Mode from Discrete and continuous Series **Standard Deviation**: Its relevance and the process of computation

- 1. Ahuja Ram Research Methodology: Methods and Techniques. Jaipur Rawat Publication 2003
- 2. Aquino V and Gaudencio Essentials of Research and Thesis Writing. Manila: AlemarPheonixPublishiang house Inc1972
- 3. Astana B.N. -Elements of Statistics. Allahabad: Chaitanya Publishers1976
- 4. Bajpai S.R. Methods of Social Survey and Research. Kanpur: Kitab Mahal1976
- 5. Kothari C.R. Research Methodology. Methods and Techniques. New Delhi New age International Publishers 2004
- 6. Tkur, Devanad Research Methods in Social Sciences. New Delhi Deep and Deep Publication2007

#### SIXTH SEMESTER BSW BSWBWC 384-CONTEMPORARY CHALLENGES OF DEVELOPING SOCIETIES

Theory Marks : 120InternalAssessment: 30Teachinghours56

#### **OBJECTIVES**

- To understand the concept of Development and Underdevelopment
- To strengthen the sensitivity to development problems and the capacity for assessment of existing developmental approaches and appropriate strategies of Govt andNGOs
- To develop the capacity for deeper understanding of emerging challenges and to explore means to address its impact in thesociety

#### UNIT I (14 hrs)

**Education**:Primary and secondary level Education: Challenges and Responses, Higher education today: challenges and responses Rural education issues and initiatives, Free and compulsory education- challenges for rural areas, Education for girls: building bridges for future

Universalization of education: challenge, Impact of Privatization and Globalization of Higher Education

#### UNIT II (14 hrs)

**Population**:General description of population situation in India; Meaning and definition of : fertility rate, mortality rate, crude birth rate, crude death rate; Concept and importance of Family Welfare; Population Policy of India, Appraisal of Family Welfare programmes and schemes Contraceptive methods, New perspectives on population control and challenges-strategies and methods

**Sustainable Development:** Meaning and definition, Sustainable Livelihood, Sustainable Environment, Water Harvesting – Household and community

#### UNIT III (14 hrs)

**Communalism:** Concept of Communalism, Meaning and definition, Growing communal problems in India, Causes for communal problems and its impact, Remedial measures towards communal harmony

Gender issues: Issues related to Women, Empowerment of Women

#### UNIT IV (14 hrs)

**Corruption:** Meaning, Definition and Characteristics, Causes of corruption; Prevention: Jan Lok Pal Bill

**Globalization:** Meaning and definition, Impact of Globalization and challenges, Human development, Emerging Trends

Social Entrepreneurship: MicroFinanceRural asset for Employment

- 1. Adasgupta, Sugath Peace Research for Peace Action. New Delhi: Indian Council of Peace research1972
- 2. Agarwal Bablia Social Problems in the age of Globalization. Jaipur: ABD Publishers2009
- 3. Arulsamy S- Communalism in India. A challenge to theologians. Bangalore : Claretian Publication1988
- 4. Bhardwaj K.K. Combating Communalism in India : Key to National Integration . New Delhi, MittalPublication
- 5. Bhat M.K.and Anita Cheria et al- Life Goes On. London: The centre for Innovation in Voluntary Action1997
- 6. Binay B. Towards Communal Harmony. Cacutta: Germinal Publication PvtLtd 1994
- 7. Cibambo Pierre- Peace Building: Caritas Training Manual. Vatican City, Caritas International2002
- 8. Choudry Ray and Basu Sabyasachi- Sustainability of Right after globalization. New Delhi Sage Publications India Pvt Ltd 2011
- 9. Chundi, Janaki and Srivastava Alka Watershed Management: Key tosustainable Development. New Delhi Indian SocialInstitute1999
- Fisher F William Towards Sustainable Development. Jaipur: Rawat Publication 1997
- 11. FoneskaDilrukshi and RaddikaKumaraswami- Peace work: Women Armed Conflict and Negotiation; New Delhi: Women Unlimited2004
- 12. Green Duncan From Poverty to Power . New Delhi: OXFAM International2008
- 13. Joshi Y.G. Social Environment for Sustainable Development. Jaipur:Rawat Publication1998
- 14. Karmakar K.G. Rural Credit and Self Help Group: Micro Finance, Needs and Concepts in India. New Delhi: Sage Publication1999
- 15. Kumar Ravindra Problems of Communalism in India. New Delhi Mittal Publication 1996

#### SIXTH SEMESTER BSW BSWBWC 385-DEVELOPMENT OF WEAKER SECTIONS

| TheoryMarks        | 80 |
|--------------------|----|
| InternalAssessment | 20 |
| Teachinghours      | 56 |

#### **OBJECTIVES**

- To develop knowledge and ability to assess the Government and non-Government strategies used for the development of weakersections
- To develop sensitivity to the problems of social inequality and injustice and commitment to work for the development of weakersections

#### UNIT I (12 hrs)

**The development of weaker sections**:Govt efforts in eradication of Untouchability Non-Government efforts in the eradication of Untouchability, Role of a) Mahatma Gandhi b) Dr. B.R. Ambedkar

#### UNIT II (16 hrs)

**Constitutional and legal safeguards for SC and ST:** Rationale behind reservation policy Reservation in education, service and politics, Evaluation of reservation policy

#### UNIT III (14 hrs)

Govt welfare programmes for SC and ST; Govt welfare programmes for senior citizens Govt welfare programmes for differently abled; Govt welfare programmes for Sexual Minorities

#### UNIT IV (14 hrs)

Case studies of Non-Governmental initiatives in the welfare of weaker sections: SKDRDP, VGKK, MYRADA, Help age India; Role of social work in the welfare of weaker sections

- 1. Govt of Karnataka Report of Backward Class Commission Bangalore1986
- 2. Govind Kalera D –Development of Weaker Sections New Delhi: Inter India Publication1984
- 3. KananaikaJose , Seventh Plan and Development of Weaker sections. New Delhi: India Social Institute1985
- 4. Kumar A Tribal Development in India. New Delhi Sarup and sons2002
- 5. Patel M.L. Planning Strategy for Tribal Community. New Delhi: InterIndia Publications1988
- 6. Rao, C. N. Shankar Sociology of Indian Societies. New Delhi: S. Chand & CoLtd 2004
- 7. Sharma A.N. Tribal Welfare and Development: Emerging Role of Anthropological Explorations. New Delhi: Sarup and Sons2002

#### SIXTH SEMESTER BSW BSWBWC 386-MASS COMMUNICATION

TheoryMarks80InternalAssessment20Teachinghours56

#### **OBJECTIVES**

- To critically view the various mass communication media including folk media in the context of Indian society and evelopment
- To focus on the role of Information Technology and other modern meansof communication
- To focus on the importance of written communication and enhance writingskills

#### UNIT I (14 hrs)

**Mass communication:**Meaning, definition and characteristics, Role of Mass Media **Role of Press:** Anatomy of a Newspaper, What makes News?,Role of Newspapers in India Role of Magazines

Radio: Special Features of Radio as a Mass Medium, Advantages and Limitations

#### UNIT II (14 hrs)

**Television**:T.V. in India, Impact of TV. Television and Children **Advertising:**Impact of Advertising, Exploitation of Women in advertising, Social Advertising **Films:** Elements of Cinema, Indian Cinema, Impact of films

#### UNIT III (16 hrs)

Folk Media: Meaning and features, Types of folk media- folk songs, folk music, folk dance, folk theatre, Role of folk media in India, Folk media and social change
Visual Aids in Communication:Importance of Visual Aids, Display Aids: Charts, Posters, Collage, Photographs, Photo language
Information Technology: Internet- use, abuse and addiction, E-mail Etiquette
Social Media: Types, Advantages and Disadvantages
Use of Internet for Social Work practice

#### UNIT IV (12 hrs)

Written Communication: Basic of Writing, Outline Writing Letter Writing: Parts of a Letter, Drafting a CV Right to Information: Concept, Salient features of RTI Act

- 1. Ahuja B.K. Mass Communication: Theory and practice. New Delhi Saurabh Publishing house2014
- 2. Civikly Jean M Messages: A Reader in Human Communication. New York Random House1974
- 3. Dhama O.P. and O.P. Bhatnagar Education and Communication for Development. New Delhi : Oxford and IBH Publishing1985
- 4. Jayakaran I Every one's Guide to Effective Writing. Chennai 2M Publishing International2005
- 5. Kumar, Keval J Mass Communication in India. Bombay Jaico Publishing House1981
- 6. Ludlow Ron and Fergus Panton The Essence of Effective Communication. New Delhi Prentice Hall of India1995
- 7. Nagaraj Geetha Write to Communicate. New Delhi Foundation Books2004
- 8. Rani N Usha Folk Media for Development: A Study of Karnataka'straditional Media: Bangalore Karnataka Book Publishers1996
- 9. Srampickal, Jacob Communication and Media in India today. Delhi Media House1998
- 10. Wright Chrissie- Handbook of Practical Communication Skills. Mumbai: Jaico Publishing House1999

## **Question Paper pattern for 120 marks**

## MANGALORE UNIVERSITY

## FIFTH/ SIXTH SEMESTER B.S.W. DEGREE EXAMINATION

## SOCIAL WORK

## Title of paper

## (Choice Based CREDIT SCHEME)

## Answer any TEN ofthefollowing:

Twelve (12) short answer type Questions to be answered in one or two sentence (should be set in both English and Kannada). Students are required to answer any 10 questions.

## PART – 'B'

## Answer Any FOUR of the following:

Eight (8) short essay type Questions to be answered in about a page (should be set in both English and Kannada). Students are required to answer any 5 questions.

PART - 'C'

## Answer Any FOUR of the following:

Six (8) essay type Questions to be answered in about three to four pages (should be set in both English and Kannada). Students are required to answer any 5 question

10 x 2 =20

5X5 = 25

5X15 =75

## **Question Paper pattern for 80 marks**

## MANGALORE UNIVERSITY

## FIFTH/ SIXTH SEMESTER B.S.W. DEGREE EXAMINATION

## SOCIAL WORK

## Title of paper

(Choice Based CREDIT SCHEME)

(for 80 marks)

## PART A

Answer any <u>Ten</u> of the following

Twelve (12) short answer type Questions to be answered in one or two sentences (should be set in both English and Kannada). Students are required to answer any 10 questions.

## PART –B

Answer any Four of the following

Six (6) short essay type Questions to be answered in about a page (should be set in both English and Kannada). Students are required to answer any 4 questions.

## PART –C

Answer any Four of the following

Six (6) essay type Questions to be answered in about three to four pages (should be set in both English and Kannada). Students are required to answer any 4 questions.

 $4 \ge 10 = 40$ 

10 x 2 = 20

4 x 5 = 20

#### MANGALORE UNIVERSITY

## FIRST/ SECOND/ THIRD/ FOURTH SEMESTER B.S.W. DEGREE EXAMINATION

#### SOCIAL WORK

#### Title of paper

(CREDIT BASED SEMESTER SCHEME)

( for 80 marks)

#### PART A

Answer any <u>Ten</u> of the following

Twelve (12) short answer type Questions to be answered in one or two sentences (should be set in both English and Kannada). Students are required to answer any 10 questions.

#### PART –B

Answer any Four of the following

Six (6) short essay type Questions to be answered in about a page (should be set in both English and Kannada). Students are required to answer any 4 questions.

#### PART –C

Answer any Four of the following

Six (6) essay type Questions to be answered in about three to four pages (should be set in both English and Kannada). Students are required to answer any 4 questions.

 $4 \ge 10 = 40$ 

10 x 2 = 20

4 x 5 = 20

#### MANGALORE UNIVERSITY

## FIRST/ SECOND/ THIRD/ FOURTH SEMESTER B.S.W. DEGREE EXAMINATION

## SOCIAL WORK

Title of paper: (Electives)

(CREDIT BASED SEMESTER SCHEME)

(for 40 marks)

#### PART A

Answer any <u>Five</u> of the following

Six (6) short answer type Questions to be answered in one or two sentences (should be set in both English and Kannada). Students are required to answer any 5 questions.

#### PART –B

Answer any Two of the following

Three (3) short essay type Questions to be answered in about a page (should be set in both English and Kannada). Students are required to answer any 2 questions.

#### PART –C

Answer any Two of the following

Three (3) essay type Questions to be answered in about three to four pages (should be set in both English and Kannada). Students are required to answer any 2 questions.

2 X 10 = 20

5 x 2 =10

2 x 5=10