



MANGALORE UNIVERSITY INTER COLLEGIATE WEIGHTLIFTING RECORD (MEN) 2019-20

Category	Record Holder	College	Snatch	Clean & Jerk	Total	Year	Venue
55 Kg	Nagaraj	Alva's College, Moodbidri	95	112	207	2019-20	SDM Ujire
	Nagaraj	Alva's College, Moodbidri	83	105	188	2018-19	St. Mary's, Shirva
61 Kg	Purushothaman	SDM College, Ujire	111	141	252	2019-20	SDM Ujire
	Shubham Phakade	Alva's College, Moodbidri	104	(-)	229	2018-19	St. Mary's, Shirva
	Rahul	Alva's College, Moodbidri	(-)	130	(-)	2018-19	St. Mary's, Shirva
67 Kg	Manjunatha	SDM College, Ujire	126	157	283	2018-19	St. Mary's, Shirva
73Kg	Rajath Rai	SDM College, Ujire	112	140	252	2019-20	SDM Ujire
	Suchin	SDM College, Ujire	102	127	229	2018-19	St. Mary's, Shirva
81 Kg	Devaraj K T	SDM College, Ujire	114	140	254	2018-19	St. Mary's, Shirva
89 Kg	Siva Prakash	SDM College, Ujire	130	170	300	2019-20	SDM Ujire
	Gurusale S D Raya	Alva's College, Moodbidri	122	150	272	2018-19	St. Mary's, Shirva
96 Kg	Girish	Alva's College, Moodbidri	125	155	280	2018-19	St. Mary's, Shirva
102 Kg	Prathyush	Alva's College, Moodbidri	100	(-)	(-)	2019-20	SDM Ujire
	Akhilesh Poojary	MGM Udupi	95	(-)	(-)	2018-19	St. Mary's, Shirva
	Shrihari	SDM College, Ujire	(-)	134	228	2018-19	St. Mary's, Shirva
109 Kg	Nishanth	Alva's College, Moodbidri	108	123	231	2019-20	SDM Ujire
	Divakara	Alva's College, Moodbidri	102	122	224	2018-19	St. Mary's, Shirva
+ 109Kg	Kushal Gowda	Alva's College, Moodbidri	132	160	292	2018-19	St. Mary's, Shirva


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MANGALORE UNIVERSITY INTER COLLEGIATE WEIGHTLIFTING RECORDS (WOMEN) 2019-20

Category	Record Holder	College	Snatch	Clean & Jerk	Total	Year	Venue
45 Kg	Chaithra	SV Women's Coll, Karkala	33	(-)	71	2019-20	SDM Ujire
	Kaushalya Nalke	Sri.Dhavala Moodbidri	(-)	39	(-)	2018-19	St. Mary's, Shirva
	Chaithra	SV Women's Coll, Karkala	30	0	65	2018-19	St. Mary's, Shirva
49 Kg	Turam Priyadarshini	Alva's College, Moodbidri	71	(-)	(-)	2019-20	SDM Ujire
	Gurusale Dipali Dattatraya	Alva's College, Moodbidri	70	90	160	2018-19	St. Mary's, Shirva
55 Kg	Sindu J Heggade	SDM College, Ujire	(-)	79	141	2019-20	SDM Ujire
	Lakshmi B	SDM College, Ujire	63	75	138	2018-19	St. Mary's, Shirva
59Kg	Lakshmi B	SDM College, Ujire	66	88	154	2019-20	SDM Ujire
	Shaikhom Thoi Thoi Devi	Alva's College, Moodbidri	65	(-)	(-)	2018-19	St. Mary's, Shirva
	Glenita D'souza	Alva's College, Moodbidri	(-)	87	147	2018-19	St. Mary's, Shirva
64 Kg	Shravyashree J R	SDM College, Ujire	66	83	149	2019-20	SDM Ujire
	Moksha. M	Alva's College, Moodbidri	63	84	147	2018-19	St. Mary's, Shirva
71 Kg	Lavanya Rai	Alva's College, Moodbidri	75	95	170	2018-19	St. Mary's, Shirva
76 Kg	Yashashwini B Bhandary	Alva's College, Moodbidri	63	80	143	2019-20	SDM Ujire
	Anusha	Alva's College, Moodbidri	58	70	128	2018-19	St. Mary's, Shirva
81 Kg	Usha S R	Alva's College, Moodbidri	70	90	160	2018-19	St. Mary's, Shirva
87 Kg	Usha S R	Alva's College, Moodbidri	67	90	157	2019-20	SDM Ujire
	Sameeksha Shetty	St.Philomena Puttur	30	46	76	2018-19	St. Mary's, Shirva
+ 87 Kg	Bhavishya	Alva's College, Moodbidri	75	105	180	2018-19	St. Mary's, Shirva


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